



ISPS Formal General Meeting

18th June, 17:30-19:00

Session Room 11, ISPS Copenhagen 2009 congress venue

AGENDA

1. Report from the ISPS board 2006-2009

Presented by the Chair, Manuel Gonzalez de Chávez Menéndez

2. Economic report

Presented by the Treasurer, Ann Louise Silver

3. ISPS Book Series report

Presented by the series editor, Brian Martindale

4. ISPS Journal Report

Presented by the editor, John Read

5. Proposal for a new name of the society and amendments to the Constitution

6. UK Charter of good practice in psychological therapies for people experiencing psychosis
7. New ISPS Honorary member
8. Presentation of next ISPS Congress venue, 2012
9. Questions and Answers
10. Results of the ISPS Board Elections and welcome to the new ISPS board.

REPORT FROM THE ISPS EXECUTIVE BOARD 2006-2009

The ISPS Executive board of 2006-2009 consisted of:

Manuel Gonzalez de Chavez (Chair)
Chris Burford
Lyn Chua
Brian Koehler
Klaus Lehtinen
John Read
Bent Rosenbaum
Ann-Louise Silver (Treasurer)

David Kennard (co-opted)
Ivan Urlic (co-opted)

The board has held regular teleconferences (approx. once a month). The board has divided many tasks between them; below is an indication of the most important tasks the board has focused on during the past three years.

1. ISPS membership

The board raised the rate of Individual Membership of ISPS International to \$100 per annum (\$50 for students and unemployed) to bring the fee structure up to date and in preparation for the added benefit of members receiving the new ISPS Journal twice a year. Members can now pay their ISPS fees online. As the number of local groups has steadily grown, many previous members of ISPS International have been transferred to the more established local groups who now collect fees themselves. These groups now pay an annual fee to ISPS of \$26 per member, which includes the cost of Psychosis and other membership benefits.

2. ISPS local groups

Several new local groups have been established since the last congress, in Switzerland, Denmark, Serbia and Spain. In addition the board members are in contact with colleagues in countries such as Korea, Canada, Germany and Australia with the aim of encouraging local ISPS networks in these countries.

ISPS is on all five continents of the world. We have 15 established ISPS local groups who manage their own membership fees (US, UK, NZ, Sweden, Norway, Denmark, the Netherlands-Flanders, Switzerland, Israel, Greece, Spain, Croatia, Serbia, Slovenia and India). The total number of paying ISPS members worldwide is currently around 1,200.

3. Conferences

ISPS Copenhagen 2009:

So far only 350 participants have registered and 50 for the pre-congress, sadly few. Hopefully some more will register in the next couple of weeks. Since break even is around 600 participants, we face a negative balance for this ISPS International Congress. We have been unlucky with the timing of world financial events.

The programme and social programme look very good. Until now 150 persons have signed up for the social event but we expect many more on the night. Routledge will launch the ISPS Journal as part of the social event. Thereafter will be music, tapas and wine.

The general assembly will be held on Thursday afternoon 17:30-19:00. The programme can be seen on the congress website. Local groups will hold their national meetings (if desired) on the Tuesday evening after the Barbro Sandin and Feinsilver award ceremonies. There will also be a chance for local groups to meet the ISPS International board that evening.

Many of our local groups have held their own national conferences, in some cases on an annual basis, attracting international speakers and delegates, and with high attendance.

4. ISPS Journal

ISPS now has its own peer-reviewed journal 'Psychosis: Social, Psychological and Integrative Approaches', published by Routledge. The editor is John Read.

The current agreement with Routledge is for two issues per annum and all paying ISPS members receive a copy of each issue. The first issue was published in March 2009. Before each issue of the journal is mailed to members Antonia Svensson (ISPS Organiser) updates the list of paying members (individual members and all local groups). The editor is investigating the possibility of increasing to three issues per year.

5. ISPS Book Series

The following books have now been published in the Routledge / ISPS book series:

'Psychoses': Evolving Psychosis by Jan Olav Johannessen, Johan Cullberg and Brian Martindale (2006),

Psychoses by Johan Cullberg (2006)

Models of Madness by Read, Mosher and Bentall (2004) (now sold over 4000 copies with translations into Swedish and Spanish).

Family and Multi-Family work with Psychosis: A guide for professionals by Trond Grønnestad Anne Lise Øxnevad, Gerd-Ragna Bloch Thorsen. Published Sept. 2006.

Psychotherapies for the Psychoses: Theoretical, Cultural, and Clinical Integration
Edited by Australian colleagues John Gleeson, Helen Krstev and Eoin Killackey.
Published Jan 2008.

Experiences of Mental Health In-patient Care: Narratives from service users, carers and professionals. Edited by Mark Hardcastle, David Kennard, Shelia Grandison and Lenny Fagin. Published in March 2007.

Therapeutic Communities For Psychosis: Philosophy, History and Clinical Practice.
Edited by John Gale, Alba Realpe, Enrico Pedriali. Published May 2008.

Beyond Medication: Therapeutic Engagement and the Recovery from Psychosis.
Edited by David Garfield, Daniel Mackler. Published Oct 2008.

Making Sense of Madness: Contesting the Meaning of Schizophrenia. By Jim Geekie, John Read. Published May 2009.

6. ISPS Website

In 2009 the new ISPS website was launched www.isps.org . A new website provider was selected at a more competitive cost and the website was given a new and improved layout. The website continues to be improved and updated regularly with news, conference reports, articles, book reviews and details of coming events. The practical work of transferring the pages was carried out by Lorraine Ellis of Web Woman Design, with help from Marty Cosgro, Klaus Lehtinen and Antonia Svensson.

At the time of transfer to the new website we were at last able to offer online membership subscription and renewal to our members by credit card using the PayPal system.

More ISPS local group pages have been established at the website and it is the responsibility of the local groups to send regular material, relevant to ISPS and their local group activities, to Antonia to be published there isps@isps.org . We are currently making arrangements for local groups to be able to edit their own pages on the ISPS website if they are interested in doing so.

7. ISPS Newsletter

The ISPS Newsletter has continued to be published once or twice a year, however due to lack of finances the board made the decision to stop printing and posting copies to members and only distribute the Newsletter electronically. All copies of the ISPS

Newsletters are available at www.isps.org. Klaus Lehtinen is the editor of the newsletter and Antonia Svensson, ISPS Organiser is the assistant editor. The graphic design continues to be done by Ellen Jepson in Norway.

8. E-mail discussion groups

ISPS-INT e-mail discussion group was set up by Chris Burford (group moderator) after the ISPS Melbourne 2003 conference, with help from Antonia Svensson (ISPS Organiser). It started as a small discussion group and has grown to over 250 members from more than 20 countries all over the world. Chris Burford continues to moderate the group, which has a limit of 3 posts per day (announcements and discussions relevant to the field of the psychological treatments of the psychoses). All ISPS members are entitled to join. E-mail isps@isps.org for further information.

Some ISPS local groups (e.g. ISPS UK and ISPS-US) also run their own national e-mail discussion groups.

9. Registration of the society, ISPS name change and updated constitution

Ann-Louise Silver, ISPS Treasurer, undertook to register ISPS as a non-profit organisation in the United States. We have recently informed that our application has been successful.

David Kennard has worked with the board to prepare for a vote by members on whether or not we should change the name of our society. The name issue has been debated on ISPS-INT and Chris Burford has conducted an informal poll and reported back to the board with the new names proposed by members. The formal vote will take place during Copenhagen 2009.

Manuel Gonzalez de Chavez has been working on amending the ISPS Constitution, which was written in 1997 and needs to be brought up to date.

10. Barbro Sandin Award

In 2006 JoAnn Leavey approached the ISPS board with the observation that almost all of our lifetime honorary members are men, and suggested perhaps ISPS would like to do something to honour the contributions of women to our field. A committee was set up and the Barbro Sandin Award was created. The first award will be presented by Barbro Sandin herself at the Copenhagen 2009 congress. The award consists of plaque, a \$250 bursary and a \$1,200 contribution to the travel expenses for the winner to attend the ISPS International Congress, all financed by the Sandin Foundation.

ISPS Books

Report to ISPS General Meeting Copenhagen June 2009

PUBLISHED BOOKS

ISPS Routledge series

- 1) **Models of Madness. Psychological, Social and Biological Approaches to Schizophrenia. 2004**
Editors: John Read, Loren Mosher and Richard Bentall.
Also in Swedish, Spanish (2006), Russian and to be in Chinese
- 2) **Evolving Psychosis. Different Stages, Different Treatments.**
Editors: Jan Olav Johannessen, Brian Martindale, Johan Cullberg.
2006.
Also available in Spanish (2008)
- 3) **Psychosis. An Integrative Perspective. Johan Cullberg. 2006**
Originally in Swedish (Natur och Kultur, 12,000 copies sold – yes)
Danish, Norwegian, Spanish Fundación 2000, German
ISPS has the English rights only
- 4) **Family and Multi-Family work with Psychosis:
A guide for professionals. 2006.**
Trond Grønnestad, Anne Lise Øxnevad
Gerd-Ragna Bloch Thorsen.
Also available in Russian and Norwegian, Spanish (Sept 09)
ISPS has the English rights only
- 5) **The Experience Of In-Patient Mental Health Care:
Feeling Your Way Through. 2007**
Editors: Lenny Fagin, Sheila Grandison, Mark Hardcastle, David Kennard. *Also in Spanish*
- 6) **Psychotherapies for the Psychoses:
Theoretical, Cultural, and Clinical Integration. 2008**
Editors: John Gleeson, Helen Krstev, Eoin Killackey.
Being translated into Spanish
- 7) **Therapeutic Communities for Psychosis. 2008**
Editors: John Gale Alba Realpe Enrico Pedriali
Being translated into Spanish

- 8) **Beyond Medication. Therapeutic Engagement and the Recovery from Psychosis. 2008**
Editors David Garfield and Daniel Mackler (USA)
- 9) **Making sense of madness: Contesting the meaning of Schizophrenia**
Jim Geekie and John Read. 2009
- 10) **Psychotherapeutic Approaches to Schizophrenic Psychoses. Past, present and future. 2009**
Editors: Yrjö O. Alanen, Ann-Louise Silver, and Manuel González de Chávez and Brian Martindale
Also published in Spanish

Other published ISPS Books

Fifty Years of Humanistic Treatment of Psychoses.

Editors: Yrjö O. Alanen, Ann-Louise Silver and Manuel González de Chávez. 2006

Published by Fundación para la Investigación y Tratamiento de la Esquizofrenia y otras Psychosis

Now available with Karnac Books, London, as well as through www.paradox.es

Psychosis: Psychological Approaches & their Effectiveness. (Gaskell and ISPS)

Eds Martindale et al 2000

Nearly out of reprint. Also in Spanish

Books in active preparation

Psychosis and Emotion. The role of emotions in understanding psychosis, therapy and recovery.

Eds Andrew Gumley, Alf Gillham, Kathy Taylor and Matthias Schwannauer (UK) Excellent eds and chapter authors. Expected late 2009.

CBT for psychosis- a symptom based approach.

Edited by: Douglas Turkington, Roger Hagen, Torkil Berge & Rolf. W.

Gråwe. Proposal accepted. Likely publication early 2010. Our first CBT book

Psychosis as a personal crisis: an experience based approach

Editors Marius Romme and Sandra Escher

Proposal accepted. Excellent authors. Likely publication date- late 2010.

Books Under Consideration with Authors and Routledge

The Open Dialogue Approach to Psychosis

Subjectivity and psychosis: personal and professional perspectives

Living Recovery: Youth Speak out on “Owning” Mental Illness

Psychosis and Spirituality

Global views and Integrative Therapies in Psychoses (Madrid ISPS Conference)

The Group Treatment of Psychosis

Book for Children who have parents with psychosis

Guides to Individual and Group Psychodynamic therapy of psychosis

Psychosis: an empathic approach

Art therapy and Psychosis or Arts therapies and psychosis (1 or 2 books)

More suggestions welcome!

Sales:

The model of madness book by Read et al, has sold very well with total sales in the region of 8000.

None of the other books in the Routledge series has sold more than 1000 yet.

The success of the Model of Madness is largely due to the very active promotion of the book by John Read especially as well as the publicity that he has generated.

I would like to ask that every member of ISPS always asks the library in his or her place of work to purchase each of the ISPS books and to ask for purchases to be made in hardback.

Editors have been very generous in giving much of the royalties to ISPS (ISPS does not have the rights to some books). We are grateful to publishers who have allowed us to publish their books in English (eg the Cullberg and Gerd Ragna et al books). Indexing can be expensive if done by the publishers, so we really do not make useful money until 500 copies or so have been sold

Thanks

I wish to convey publicly my thanks to the Board for the continuous support that I have received during these last years in the development of the series.

I would like on your behalf to convey thanks and appreciation from ISPS to Routledge for the support and faith they have given to the series, for helping me with the high standards they have expected for the series. In particular to Joanne Forshaw the Routledge Editor for this series who had hoped to be here at the ISPS meeting but cannot be because she is about to 'publish' her first child! Joanne's help and advice have been crucial to me and of course she is the one in the end that decides whether to recommend a book to the Routledge Board.

Last but not least, I would like to thank all the editors and authors in the series, who have gone about their work with a love of their subject and a love of ISPS that has been a pleasure to have witnessed and who have made my job such a satisfying one.

Brian Martindale

ISPS Books Editor

June 2009.

REPORT ON THE NEW ISPS JOURNAL FOR THE FORMAL GENERAL MEETING OF I.S.P.S. IN COPENHAGEN – JUNE 2009

Dr John Read (Editor)

The first edition of *Psychosis: Psychological, Social and Integrative Approaches*, journal, was published in February 2009. It was sent to all 950 ISPS members as part of their membership package. In 2010 the frequency of publication will increase from two to three per year (with an increase in costs to members from &8.00 to &10.50 per year).

Psychosis is the official journal of the International Society for the Psychological Treatments of Schizophrenia and other Psychoses (www.isps.org), the primary purpose of which is to disseminate information about psychological and social understandings of and treatments for psychosis. The organization originated (over 50 years ago) explicitly as a response to the perceived overemphasis on illness conceptualizations of psychosis and on medical treatments such as anti-psychotic drugs and ECT. The stated Objectives of ISPS today (and of its 15 national branches) includes: to ‘promote research into individual, family, group psychological therapies, preventive measures and other psychosocial programmes for those with psychotic disorders’.

The current leading journals in the field – including *Schizophrenia Bulletin*, *Schizophrenia Research*, *Archives of General Psychiatry* and the *American Journal of Psychiatry* - all predominantly (but not exclusively) publish research from the bio-medical paradigm with a focus on genetics, brain pathology and medication. Psychosis has an entirely different and more balanced, multi-disciplinary and multi-model focus. The need for this unique journal will be readily acknowledged by clinical psychologists, social workers, occupational therapists, psychotherapists, counselors and other non medical clinicians and researchers. However it is also acknowledged by leading psychiatrists, as evidenced by the highly positive Introductory Remarks on p 1 of the first edition by the current President of the World Psychiatric Association and a Past President of the American Psychiatric Association.

This unique focus also opens up entirely new areas for research publication largely neglected by the traditional approach, for instance the field of the primary prevention of psychosis (often considered impossible or irrelevant from a bio-genetic framework).

Besides making a commitment to taking a multi-paradigm approach, *Psychosis* publishes research employing a range of methodologies. The lived experience of people who have psychotic symptoms (hallucinations, delusions etc.) and that of those who support them therapeutically or who live with has found little space in the traditional research journals. Therefore space is found in each edition for qualitative research and ‘case studies’, as well as for rigorously designed quantitative research and reviews thereof.

Another distinguishing feature of the journal is that can honestly claim to be completely free from the influence of the pharmaceutical industry. This is an issue of increasing concern and has recently been acknowledged by many journals in as much as they are making declarations of funding by industry compulsory and conflicts of interest more transparent. *Psychosis* has gone one step further and explicitly stated in its first edition (p. 3) that it will not accept any drug company advertising. This leaves it completely free to publish articles documenting, and critical of, the influence of drug companies over research funding and journals which has played a large part in creating and perpetuating the imbalance that *Psychosis* aims to redress.

The Editorial Board, contributors and audience are multi-disciplinary and international, in keeping with the nature of ISPS itself. The Editorial Board is drawn from 15 countries and is comprised of researchers and/or clinicians representative of psychiatry, clinical psychology, nursing, sociology, psychoanalysis, social work and (perhaps uniquely among journal boards) users of mental health services.

The Editorial Board includes some of the world’s leading researchers in the field of psychosis, notably Professors Richard Bentall, Phillippa Garety, Julian Leff and Tony Morrison (UK), Courtenay Harding (USA) and Jim van Os (Netherlands). For example

Professor Bentall, one of four international Associate Editors, has published in excess of 160 research papers and four books.

The first edition included papers from internationally recognized lead researchers such as Jim van Os (Netherlands), Mark Shevlin (N Ireland), Colin Ross (USA) and Dan Freeman (England). The second and third editions will include papers from Tony Morrison and Richard Bentall (UK) and Yrjo Alanen (Finland). Another 'hot topic' article – by Dr Vokmar Aderhold (Germany) and colleagues - will report an analysis of the research showing that anti-psychotic drugs reduce life expectancy.

The first article of the first edition – on the very 'hot' topic of whether people diagnosed with schizophrenia all need to be treated with anti-psychotic drugs (demonstrating that many do better without the drugs) – has been highlighted on numerous websites, e.g.:

<http://www.medicalnewstoday.com/articles/140740.php>

<http://www.goodtherapy.org/custom/blog/2009/03/20/psychosis/>

<http://www.zampbioworld.org/bionews/index.php/2009/03/02/18270>

The Bola et al. article was also selected as one of the six research papers included in the fortnightly online Research Digest of the British Psychological Society (issue 137)

<http://www.bps.org.uk>

SOME PROPOSALS FOR AMENDMENTS TO OUR ISPS CONSTITUTION

1.-The Web page www.isps.org is the official web site of the Society..-The ISPS International E-mail list is the official E-mail list.-Executive Committee will communicate with members,call for FGM and give notification of Agenda and Election process by these official ways

2.- “Psychosis” is the Journal of the Society. All the members, both individuals as well as those of the local societies, groups, institutions and organizations, will also be subscribed to the Journal "Psychosis." Subscription to this journal will be included in the annual international membership fee. .-

3.- The ISPS Collection Books is the collection of scientific books promoted by the Society.

4.-Each year, the Treasurer will present the financial budget proposal of the Society for the next year for approval. It should be approved by the Executive Committee, authorizing the Treasurer to make the deposits and payments that are going to occur.

5.-Allow the Board to adapt our Constitution to requirements of countries where we need legal non-profit registration and open a Society bank account.

Manuel Gonzalez de Chávez Menéndez

Chair ISPS