

Implementing NICE standards for Family Interventions and Arts Therapies

**18 November 2009
Novotel, Central Birmingham**

The importance of high quality psychological interventions has been raised once more in the recent publication of the updated NICE Guideline for Schizophrenia published in March which makes strong recommendations about the effectiveness of Cognitive Behavioural Therapy, Family Work and Arts Therapies as helpful interventions in the treatment of schizophrenia. Family interventions which were highlighted in the previous Guideline continue to be difficult to implement, and the focus on Arts Therapies will be new for many services and will similarly pose implementation challenges.

This one day workshop hosted jointly by ISPS (UK) and the Meriden Family Programme is for all mental health professionals, managers, commissioners, service users and carers. It aims to highlight the need to raise the profile of Family Interventions and Arts Therapies and to give professionals a greater understanding of these treatments and how best to implement them so as to improve patient choice and access.

Key themes

- The evidence and values of family interventions and arts therapies
- Competency requirements
- Practical guidance for effective delivery and implementation with examples
- The barriers—can they be overcome?
- Service user and carer perspectives
- Working in partnership

Main speakers

- Grainne Fadden Director, Meriden Family Programme
- Sheila Grandison Strategic Lead and Professional Head of Arts Therapies, East London NHS Foundation Trust
- Anna Maratos Arts Therapist, Central and NW London Foundation NHS Trust
- Peter Woodhams Carer, Carer Representative on NICE Guideline Development Group for Schizophrenia
- Service User/Arts Therapies
- Commissioner