

## **ISPS Newsletter - Spring 2020**



Dear members and other friends of ISPS,

"Hesitating to act because the whole vision might not be achieved, or because others do not yet share it, is an attitude that only hinders progress" - Mahatma Gandhi

We all have good intentions at the start of a new year. I hope that you will not hesitate in 2020 by imagining obstacles in bringing your projects to

life. ISPS has a big responsibility in this changing world. When I accepted my role as the new chair of ISPS, I wrote my intentions in the previous Newsletter (you can read it <u>here</u>). The most important message was the following. The central theme of the Rotterdam conference 'the healing power of human reconnection' went to the very heart of ISPS. Therefore, a constructive 'trialogue' between professionals, people with lived experiences and family members is essential. As chair I want to make sure that this trialogue can happen in a positive atmosphere, with respect for everyone's opinion and without demonizing anyone. With the support of the whole EC I would like to develop further some of the many points that were mentioned during the Rotterdam conference. First of all, we realised that it is important not only to include the most fragile people with a migration background but anyone who feels alienation from himself and from the world around him. There is no difference between 'them and us', we have all to cherish the stranger into ourselves. Secondly, the role of family members cannot be emphasized enough. Families can help to understand psychosis and I am very happy that Jen Kilyon has joined the ISPS International Executive Committee, as the first family member, to build further on the inclusion of nurses, the special possibilities that art therapies can offer and the particular strength of small-scale, accessible initiatives. In the next period we wish to bring more attention to these forms of professional expertise. I hope that ISPS can create a climate where professionals can use their scientific background and can develop further (in the permanent trialogue mentioned above) their psychotherapeutic skills for very human and high quality therapies, available for all people in the world who need it. In this way I think that ISPS also has political ambitions, to improve the system and to extend the dialogue with French speaking countries and with other continents such as Africa, South America and Asia.

When re-reading these plans I wonder if they are not too ambitious? But with the inspiring words of Mahatma Gandhi in mind and looking back on the previous months, I feel great gratitude to all those people who make efforts to realize our common project. Margreet De Pater, chair of the marvellous ISPS Rotterdam conference, is working to preserve the rich legacy of the conference by collecting the available PDF's of the presentations and full texts. Some first steps are being made to prepare a conference book, about the theme of the conference, in the ISPS book series. In the fall of 2019 the 18<sup>th</sup> annual meeting of ISPS US took place with the beautiful title 'Citizenship and Belonging: forging Pathways toward Inclusion and Healing'. In December 2019 the 9<sup>th</sup> annual conference ISPS Hellas took place in Greece about 'Art therapy as an intervention of people with psychosis'. In this Newsletter you can read more about all this. A few months ago the new book about 'Attachment Theory and Psychosis' was published in the ISPS book series, and just few weeks ago we received the fourth issue the year of our Journal Psychosis ortaining a wealth of high quality articles. Many people give the best of themselves in order to spread the ideas of the ISPS on a total voluntary basis.

The new EC members have worked very smoothly together right from the beginning. Dag Söderström from Switzerland is preparing a French speaking supervision group with Françoise Davoine in Lausanne, which will be an opening for the French speaking countries. To develop further the International ISPS nurses group, which Jan Erik Nilsen from Norway had started already, Marjaana Karjalainen from Finland is working together with Gert Wouters from Belgium and there is a report in this issue of the newsletter. Thanks to the efforts of Cecilie Brøvig Almås of Norway, ISPS is exploring how social media can be used more extensively in spreading our ideas. Jen Kilyon of the United Kingdom has convinced us already, through her keynote lecture during the Rotterdam conference, of how important families are and with her many contacts in UK and other places around the world she will encourage families to be heard better in ISPS. Of course we miss the rich experience and solid expertise of our previous chair Jan Olav Johannessen, but thanks to the enthusiastic and always encouraging effect of Antonia Svensson everything is managed in the right direction. The loyal presence and the rich wisdom of Julie Kipp, Debra Lampshire and Margreet De Pater form the bridge between the past and the future in this new EC.

Meanwhile the international ISPS email discussion group is very active, so ISPS friends from all over the world can communicate with each other. Also the members of the psychoanalytic interest group regularly exchange interesting ideas and articles through the stimulating work of Brian Martindale and a webinar has been started by Igor Pietkiewicz. For the coming year several regional groups are working very hard to prepare their local conferences (ISPS UK in January 2020 and ISPS Norway, Finland and Israel in February 2020) and you will read more about regional activities in this newsletter. We recently received an exciting invitation from Maurizio Pecicica to think together with him and his group to find a meaningful title for the upcoming conference in Perugia in 2021, so we are all involved in making our new meeting in 2021 a big event.

On behalf of the entire EC, I wish to express my thanks to all those people who contribute to fulfilling the ISPS expectation that the right treatment and care for psychosis is given to those people who need it.

Ludi Van Bouwel Chair of ISPS

### **Calling all family members!**

Hello my name is Jen Kilyon and I joined the International Executive Committee last September. It feels such a privilege to be the first family member to be elected onto the ISPS EC, and I want to do what I can to encourage more of us to join ISPS and become actively involved. I



have a few ideas but please get in touch if you have more suggestions of how we might achieve this. I realise it will take some time but I believe if we can work together we can make a difference to the way in which mental health services and society understands all those affected by psychosis.

First of all it would be good to get in touch with the family members and carers that are already part of ISPS around the world. Please email me if you would like to get involved, and let me know if you are already connected with other family members in your local ISPS group. I acknowledge that some of these things require extra funding, so that those on low incomes may attend events. Perhaps local groups could set up bursary funds? Each local group could work towards electing at least one family member not their committee. If we want to become more pro-active it can be easier to work with a partner, so please try and recruit another family member to your local group if you don't already know one.

Longer term, here are some thoughts on how we could become more proactive. When local groups are planning events they can invite family members to speak or run workshops, perhaps alongside a . practitioner or someone who has used services. Encourage family members to write articles for websites, and the Psychosis journal as well as contributing to ISPS Book Series. I will be working with the organisers of our next International Conference, in Perugia in 2021, to find ways of encouraging greater involvement of family members. I'm sure we can make greater use of the ISPS international website too, and I welcome your suggestions.

So please do contact me if you have any ideas of things that are already working well with the ISPS network where you live, as well as your thoughts on how we can work together internationally to share these ideas and encourage greater participation of family members.

I forward to hearing from you soon.

Jen Kilyon Email: jen@jenkilyon.co.uk Twitter: @mothermindful



### New French speaking supervision/intervision group with Françoise Davoine in 2020

### **ISPS Branche francophone**

In order to give more opportunities for French speaking members, we have started a group with Françoise Davoine as senior supervisor, meeting 3 times during the winter and spring of 2020. This group is meant for french speaking ISPS members from France, Belgium, Italy and Switzerland and is located in Vevey (Switzerland), hosted by Dag Söderström (ISPS EC member).

We are willing to build on ISPS members' clinical expertise, organizing a network which could help colleagues, family members or persons with lived experience who get stuck in their treatment. The concept is that we have clinical presentations and work on them to stimulate creativity in therapeutic interventions.

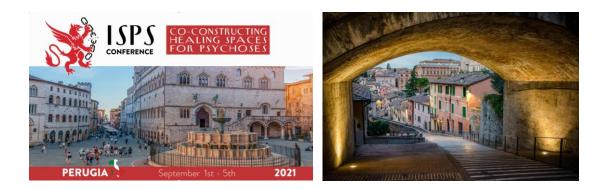
Our first theme is « Critical moments in therapy »

We are suggesting that psychosis is linked with a traumatic dimension that leaves the person in search of the unknown in himself, in the ones around him and in his history. Exploring this way in therapy, the therapeutic relation meets these critical moments that can open a new path for the future or lead to despair. The supervision/intervision is a place for talking about these critical moments and support the therapeutic process and the therapists.

We hope to bring also together a group that will give a presentation at our 2021 congress in Perugia.

This group is free for ISPS members. Contact Dag Söderström dsoderstrom@bluewin.ch

PS already 16 people have signed up.



# Welcome to Perugia for ISPS 2021

## City of art, one of the most beautiful and important of Italy!

Mighty Etruscan centre and important mediaeval city after that, Perugia guards lovingly precious traces of its luminous historical periods. The city, that today is the administrative and cultural capital of the Umbria Region, is one of the major tourist and cultural destination of Italy, site of the University for over than 700 years. The University of Perugia, that is one of the oldest University in Italy and in the world, together with the historical Academy of Fine Arts, the Music Conservatorium and the University for Foreigners, defines the marked international vocation of the city with students coming from all over the world.

Culturally and socially bright and lively, Perugia is a city full of "secrets" to disclose: the suggestion is to explore it with curiosity to fully appreciate the excitement and fascination of discovery.

The real entrance to Perugia is the Rocca Paolina, an historical-architectural complex unique in its kind, "enclosure" of the mediaeval city hidden inside. Going through it thanks to the escalators, between historical remnants and contemporary suggestions, you get to the heart of the city, cosy lounge of the city where citizens and tourists today love to gather as in the past.

The city suggests various itineraries that, in their paths, reassemble the many passages of the Italian and European history. From the XIII century Fontana Maggiore begins an enchanting itinerary of the historic centre, rich in treasures, which willbring to the discovery of the excellences, of a city that will never cease to surprise: museums, churches, palaces, mediaeval towers beyond significate modern and contemporary witnesses.

Five are the districts, spreading out almost as if they were the fingers of a hand, to be visited: a series of ups and downs, roads and streets, alleys and stairways, underground pathways and unusual and picturesque views of luminous landscapes coming across proud fragments of the beautiful Etruscan-Roman and mediaeval city walls.

To visit Perugia means living a unique multi-sensory experience: rich public and private museums, artistic craft workshops, the delicateness of a typical cuisine worth of a regenerating stop in front of enchanting views in the Umbrian valley, wholly feeling the peculiarities of a city still on a human scale.

Secluded, and for this reason authentic, Perugia provides a stimulating experience in all seasons of the year, a smiling and intelligent glance at the history and modernity of this city of art offering a portrait of the best Italy.

MORE INFORMATION and CALL FOR PAPERS coming soon

### **ISPS Regional Group News**

#### The 9th Annual Conference of ISPS Hellas

With the participation of many speakers and a large audience, the 9<sup>th</sup> Conference of ISPS Hellas was held with great success in Athens on 14th December 2019 on the theme "Art and Psychosis. Art Therapy as an Intervention for People with Psychosis".

The one-day meeting began with Konstantinos Morogiannis, who delivered an extensive "Introduction to the Group Psychotherapy of Psychoses" in which he referred to the history of the efforts made to date regarding the group therapy approach to psychosis on both the theoretical and practical level. Then Kalliopi Panagiotopoulou conducted a "Tour of psychotherapies through Art" using a relevant historical retrospective flashback, referring to



applications, types of action and psychodynamic features related to the use of Art as a medium of psychotherapy, particularly in the field of psychoses. A speech by Sandra Tsilingeridu and Maria-Christina Christidou followed, on the theme "Psychodrama and its application to patients with psychosis", at the end of which was a 20-minute film by Sandra Tsilingeridu in which the members of a group of psychotic patients were shown playing, with her help, various roles within the context of a psychodrama game. The cycle of speeches ended with artist-hagiographer Yannis Yighourtakis, who answered questions posed by Kalliopi Panagiotopoulou on the theme of "Painting and Psychosis" or, more precisely, regarding the ways in which painting was used in groups of patients with psychosis, as he himself applied them in treating this illness.

After the theoretical speeches that constituted the morning session of the programme, in the afternoon there were four Parallel Workshops, i.e. two painting groups, one with Yannis Yighourtakis and the other with Lilian Chronopoulou, another with improvised creative writing under Kalliopi Panagiotopoulou and a third group using theatrical expression with Sandra Tsilingeridu.

The work of the Conference closed with the Large Group, by convenor Anastassios Koukis.

During the Conference, an Exhibition of Paintings was held with works by Yannis Yighourtakis; in the intermission, the pianistmusicologist Lida Papathanasiou played some of Beethoven's piano works to mark the 250<sup>th</sup> anniversary of his death.

Anastassios Koukis Chair ISPS Hellas

### **ISPS-US 18th Annual Conference Report**

# Psychosis, Citizenship and Belonging: Forging Pathways toward Inclusion and Healing 18<sup>th</sup> annual ISPS-US annual meeting, New Haven, CT

Nearly 200 people attended the ISPS-US 18<sup>th</sup> Annual Meeting, held November 1-3 in New Haven, Connecticut. The U.S. conference was the second time ISPS has been in New Haven—the first was in 1984, when the first international conference held outside of Europe was held there, thanks to the influence of Yale Professors of Psychiatry Stephen Fleck, Theodore Lidz, and John Strauss, all of whom became honorary members of ISPS.

The conference theme: *Psychosis, Citizenship and Belonging: Forging Pathways toward Inclusion and Healing* was chosen for its resonance with the 2019 International Conference theme: *Stranger in the City: on the circular relationship between alienation and psychosis and the healing power of human reconnection.* The Citizenship framework, based upon the work of Michael Rowe, Ph.D., Yale Professor of Psychiatry and co-director of the Yale University Program for Recovery and Community Health, addresses the social and psychological conditions of people's lives that directly impact their ability to live fully in the world. Rowe's Citizenship framework does not limit Citizenship to legal status. It also includes participation in a world that encompasses acceptance, community integration, and the work of personal and social recovery. Critically important factors in achieving personal and social growth—or recovery—are the"5 Rs" of Citizenship: Rights, Responsibilities, Roles, Resources, and Relationships, accompanied by a sense of belonging.

Highlights of the conference included a keynote speech by Marty Cindy Hadge, IPS, lead trainer for the Western Massachusetts Recovery Learning Community, and the honoree address by Larry Davidson, Ph.D., Founder and Director of the Yale University Program for Recovery and Community Health.

In their keynote speech, *Living in the Margins and the Struggle to Reclaim Citizenship*, Marty Cindy Hadge inspired every member of the audience by sharing a bit of their history and what they have learned about themselves—and others—through deep self-reflection, providing support to others who also struggle with extreme experiences, and current research. Marty spoke of childhood and adult trauma, abuse, and alienation, as well as love, faith, and guidance—initially from a benevolent higher power and then later, through their affiliation with the Western Massachusetts Recovery Learning Community and the Hearing Voices Movement. "When love breaks through the fear, people who have become alienated from themselves can, with support, develop a sense of personal value, dare to trust, and find hope. They can learn to withstand bearing the truth of trauma, and the injustices of the world. In those moments, they may find the strength to own their broken parts and discarded selves. When shame and guilt are left by the way, people can heal, and new ways of navigating their outer and their inner worlds candevelop."

Larry Davidson was honored for a lifetime of contributions to the field of mental health recovery, including psychosis. Following an introduction by John Strauss, MD, who has been Dr. Davidson's mentor and friend for nearly 30 years, Dr. Davidson spoke to the issue of *Recovering the Self in Psychosis*. Dr. Davidson drew from "a career's worth of longitudinal and qualitative research, enhanced by a growing trove of recovery narratives to focus on the recovery of a sense of self as an effective social agent as core to the overall process of recovery in psychosis. 'What did I learn from this? I learned that people who experience psychosis are first and foremost people who are trying their best to live their lives on a day-to-day basis.' Processes of reconstructing a sense of self begin with acceptance and an instillation of hope, which together provide a foundation for rediscovering one's efficacy in seemingly small but concrete ways, that then are incorporated into a sense of social identity as a worthwhile member of one's community. Finally, the implications of such an understanding for developing recovery-oriented practices are considered."

For the opening Plenary session, on Friday morning, entitled Citizenship and Psychosis: The 5 Rs, Belonging, and

Advocacy,Michael Rowe spoke to the history and development of the Citizenship framework. His colleagues— Patty Benedict, Billy Bromage, MSW, Annie Harper, Ph.D., and Bridgett Williamson— then described how they are applying the Citizenship framework, which includes financial health, to foster personal and social recovery in their work with people who struggle with mental health, addictions, homelessness, and histories of incarceration.

The Citizenship plenary was followed by an Intersectionality plenary in which three mental health trainees in an early psychosis program in Boston, Neha Agrawal, Psy.D., Sohenga Depestre, MA and Amanda Weber, MS discussed their respective experiences in providing clinical services to individuals with psychosis and accounting for socio-cultural and socio-political factors. Three mental health professionals: Drs. Helena Hansen, Dietra Hawkins, and Lauren Utter, then offered their thoughts, reflections, and suggestions for supporting culturally responsive care and social justice in training and practice.

The *Family Matters* plenary panel, which included parents (Pat Wright, M.Ed. and Judy Murray, RN), and adult children (Bunny Rodriguez, MSW and Rebecca Jaynes,LCPC), spoke to the challenges—and gifts—of living with and loving family members who struggle with extreme experiences.

Members of the lived experience panel, *Finding Ourselves in Each Other: Four Lives Four Journeys*, includedCaroline Mazel-Carlton, CPS, Barry Floyd, Brittany Quagan, MS/LPC, and Claire Bien, M. Ed. Theyspoke to the conditions of their lives that led to their hearing voices, and understanding achieved through Hearing Voices support groups, compassionate psychotherapy, family, and friends that have allowed them to recover their lives and sense of self.

The Bertram Karon Memorial Presentation prize was announced to begin in 2020 and will be awarded for the conference presentation that best honors the work of the Dr. Karon, who passed away this year. Dr. Karon was a long-time member of ISPS-US and a prominent and consistent proponent of psychoanalytic psychotherapy for people with psychosis. Drs. Julie Kipp and Jessica Arenella were awarded the Gaetano Benedetti and Christian Müller awards, respectively, for their contributions to ISPS-US. Yale undergraduate Eren Kafadar earned an award for the student poster competition with her work, *A Pavlovian Visual Pavlovian Conditioned HallucinationsTask.* 

Other conference highlights included a screening and discussion of a new film about the U.S. Hearing Voices Movement: Beyond Possible: The Power of Hearing Voices Peer-Support Groups led by Gail Hornstein, Ph.D., and a talk on Feelings and the Mental Health Field by Dr. John Strauss.

The vast array of topics and talks spoke to the reality and wisdom of the utility of psychoanalytic therapy, and social and psychological supports in working with—and helping people who experience psychosis make sense of their experiences and the ways in which their relationships with the people who are or have been in their lives impact their ability to live fully in the world. These topics included:

- A Developmental Approach to Crisis Management and Caregiving of People with Psychosis and their Families
- Accompaniment in Rebuilding Connectedness and Citizenship from Colombia to Vermont
- Alone We Can Do So Much, Together We Can Do So Much More
- Altered States & Deep Emotional Processing: A Holistic Approach to Meaning- Making
- Allying with and Maintaining Safety for a Young Person Experiencing Psychosis
- Altered States & Deep Emotional Processing: A Holistic Approach to Meaning- Making
- Anomie and Altered States
- Assisted Outpatient Treatment Orders and the Therapeutic Relationship in Assertive Community Treatment
- Beyond the Story: Letting Go Judgment of Others, Getting to "Know Thyself"
- Building Strategies for Moving Care for People Diagnosed with Psychosis Towards Personal Recovery
- Challenges and Opportunities Cultivating Rights-Based Resources for "Extreme" States within Universities and Other Mainstream Organizations
- The Changing Viewpoint: Psychosis and its Treatment Limitations-- Constructing a Better Way Forward
- Clinicians' Experiences Implementing CBT for Psychosis
- The Community Bridges Project: Accompaniment in Rebuilding Connectedness and Citizenship from Colombia to Vermont
- The Consumer Quality Team: Peers Engaging in Quality Oversight of Maryland's Public Behavioral Health System
- Cultivating a Welcoming Presence
- Early Psychosis Intervention Clinic New Orleans: Creating Consensus through Creative Clinical Approaches
- The Ends of the Bow Drive the Arrow: Brain/Mind and Hitting the Therapeutic Narrative
- Engaging Stigma: Tourette's Syndrome as Paradigm
- Experts by Experience Panel: Journeys of Alienation and Belonging
- Financial Health and Mental Health: Making the Connection
- Growing Insight and Deepening Connection at Every Stage of the Extreme
- Identity, Belonging and Social Identity: Beyond Psychosis
- Integrating the Peer Perspective in a First Episode for Psychosis Program
- Introducing Peer Supported Open Dialogue in England and United States: Some Opportunities and Challenges
- Loneliness, Social Connection and "Madness"
- Mental Health Policy in Brazil: How it is, Its Current Challenges and Some Experiences
- My Music, My Reality: Clinical Music Improvisation with Veterans with Chronic Psychosis
- Positive Change Following a First Episode of Psychosis: A Citizenship Perspective
- Psychoanalysis, Psychosis, and Hearing All Voices: A Case for Truly Listening
- Psychosis, Citizenship, and Recovery: Mapping a Life's Journey
- Simpatico: Embracing Eclecticism and Polyphony in Georgia's Coordinated Specialty Care Programs for Early Psychosis

- Trauma and Psychoses: What Life Stories Have to Say about Belonging and Recovery
- Two Perspectives on Psychosis
- Voluntary Control of Voice- Hearing: An Alliance to Move Phenomenology to New Therapeutic Approaches
- Walking the Fine Line: Perspectives of Professionals with Lived Experience
- When Spiritual and Existential Crisis Presents as "Psychosis"

Claire Bien, M.Ed. ISPS-US member



## Join us for the 19th Annual Meeting of ISPS-US Love + Justice in Engaging Psychosis and Extreme States October 22-25, 2020 • Atlanta, Georgia

Human salvation lies in the hands of the creatively maladjusted. – MLK, Jr.

The socioeconomic and political landscape in the United States determines healthcare access and delivery. Vastly imperfect and fragmented medical, legal and social service systems impact how we care, and don't care, for people experiencing psychosis and extreme states. With the basic human needs of millions unmet, with jails and prisons the default mental health treatment providers for thousands, and with divisive public rhetoric and policies leading many of us to check out, numb and exhausted, the possibilities for meaningful change can seem more elusive than ever.

The 19<sup>th</sup> Annual Meeting of ISPS-US will convene a diversity of ideas, perspectives, and approaches that inspire a way forward and unite us in our commitment to continue challenging the status quo. From innovative models of mental health treatment developed across borders, to collaborations aimed at removing systemic barriers, to common-sense ideas hiding in plain sight, ISPS-US will showcase how care and recovery are alive and well, often in unexpected places. Celebrating this compassionate and effective work, and refusing to adjust to the unconscionable, is our mandate for the conference.

In the southern United States for the first time, in the cradle of the Civil Rights Movement, ISPS-US will bring together a vibrant community of researchers, clinicians, peer specialists, and deep-thinkers, including people with lived experience and their families and allies, to share our hopes and visions for the new decade. Martin Luther King, Jr. said "the arc of the moral universe is long but it bends toward justice", and "hate cannot drive out hate; only love can do that." In this spirit, we reaffirm our belief that healing, recovery, and transformation, so urgently needed, are indeed possible and are happening every day. Please join us in Atlanta for this inspiring event.

### Closing Remarks from the 21<sup>st</sup> ISPS International Conference

Dear friends,

The conference Stranger in the City was a success.

The conference was attended by 509 people, there were 468 paying participants, 26 keynotes, and 15 invited guests.

We tried to get some formal feedback but unfortunately the number of people who responded to our survey was very low, only 19 participants responded. To meet accreditation requirements we also created a special feedback survey for Dutch psychologists, but only 4 answered. We did receive some spontaneous comments through Email however.



In general people were positive about the friendly and inclusive atmosphere and the quality of the keynotes. The themes: bridging between contradictions of groups, working together with clinicians, people with psychosis and family members were appreciated. We heard a few comments that psychiatry was criticized too much, yet others loved the atmosphere of dialogue.

The wealth of presentations had its disadvantages, the days were long and the number of presentations overwhelming.

There was criticism of the venue: it was too big and a bit impersonal. The rooms were sometimes difficult to find. People wished that lunch had been provided on site, as this offers a chance for meeting each other.

Some feedback comments was very thoughtful and extensive. We will make it available to organizers of future ISPS conferences.

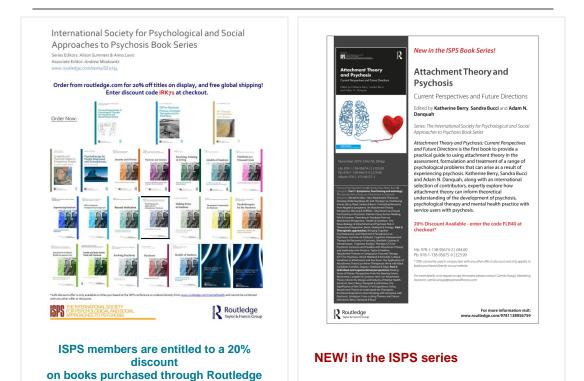
In terms of the finances, we made a small loss. The ISPS Lowlands invested €9,236.55, €2,776.64 of which has not been paid back to ISPS International. There is €3,392.29 in the conference account now. The organizers of the next conference must keep in mind that we did a lot of work that normally a conference bureau does, by ourselves for free.

The profit of the conference, besides establishing good relationships, is a wealth of knowledge. So how can we preserve this knowledge?

We have asked Victor Kouratovsky, one of the members of the local organizing committee, to put together a conference proceedings book and we plan to preserve the conference website and add films and full text documents of the presentations, as and when the authors send them to us. Conference photos are available <u>here</u>. The PowerPoints are available <u>here</u>. The Abstract book is in this <u>link</u>. There are films of the first two conference days film available <u>here</u> on the website and films of the last two days are ready and will appear soon.

See you in Perugia!

Margreet de Pater



### **Upcoming Events**

**The ISPS has over 20 regional networks around the globe**, many of which organise annual events. Take a look at the impressive range of meetings and conferences taking place in 2020

### **ISPS events listing**

SAVE THE DATE ISPS 2021: The 22nd International Congress of the ISPS Wednesday 1st - Sunday 5th September 2021 in Perugia, Italy More information coming soon at www.isps.org

### Haven't joined ISPS yet?

Here are 4 good reasons why you should join us!

1) Members enjoy reduced delegate fees for ISPS conferences such as ISPS 2019 'Stranger in the City' in Rotterdam this summer.



2) Members receive 4 issues of Psychosis per year and also have online access to previous issues of the journal

3) 20% discount on books in the ISPS series published by Routledge

4) By joining ISPS you can connect with over 1,500 people around the world who share your interest in psychosocial treatments for psychosis - through our email discussion groups and regional meetings

### Join now



### Why your organisation should consider joining ISPS

To take advantage of disounted fees for ISPS

International Congresses • To access the ISPS Journal Psychosis

• Your institution/organisation can advertise its psychosis conferences and events on our website, in the ISPS International Newsletter and via our social media accounts, without additional cost

• Your institution/organisation will be listed on our website as a supportive member of ISPS together with some information about you and a link to your site

• Last but not least, we will assist you to increase the knowledge of your members about psychological therapies for psychoses and this will increase the chances of their implementation as recommended by guidelines and as requested by many patients and families

Find out more

