

Reconciliation reform and recovery: Creating a future for psychological interventions in psychosis

14th International Symposium for the Psychological Treatment of Schizophrenia and Other Psychoses

22 – 25 September 2003 / Melbourne Convention Centre



Welcome to the ISPS symposium 2003 in Melbourne



Welcome to The 14th International Symposium for the psychological treatment of schizophrenia and other psychoses. The Scientific Committee has taken some time to review the many abstracts received and to giving consideration to their placement with in the comprehensive program being offered.

Delegates attending ISPS2003 will have the opportunity to register for one of five workshops scheduled to be held on Monday 22 September commencing at 9.00am.

The program will of course feature eminent keynote speakers from throughout the world, in addition to which Dr Jan Olav Johannessen will chair The Debate – *Can Biological and Psychological Interventions be Integrated in the Treatment of Psychosis?* which is sure to be an engaging, topical and interesting session for

us all. We look forward to your participation at ISPS2003 in Melbourne this coming September.

Patrick McGorry

Keynote speakers ISPS 2003

- Professor Jim van Os, Holland
Dimensions and Boundaries of Psychosis
- Professor Richard Bentall, United Kingdom
Conceptual Basis of Psychotic Disorder
- Professor Paul Mullen, Melbourne
Perspectives on Vulnerability
- Dr Jeremy Holmes, United Kingdom
Psychodynamic Theory and Practice in the Management of Psychosis
- Dr Frederick Frese, USA
The SANE Charter

THE INTERNATIONAL SOCIETY
FOR THE PSYCHOLOGICAL TREATMENTS
OF THE SCHIZOPHRENIAS AND OTHER PSYCHOSES

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New ISPS website at www.isps.org

The new ISPS website has replaced the old one at www.isps.org

The new website is based on improved technology and is designed to serve members, local groups and ISPS as a good communication tool and as an updated resource for information.

Local groups may have their own pages. The website will be updated continually.

Communication - a challenge!

This newsletter tells of growing activity in an increasing number of local ISPS groups, - and also tells you about the new ISPS website which should be in operation before the end of July.

On the new website each local group can edit their own pages. We encourage you to use this opportunity to spread your own information and communicate with local members and potential members about activities and networking. There is a lot of space available for each group, and we would ask each group to appoint a web editor who can edit the local pages in contact with us. Local pages also increase the possibility of using your own language on such pages. You will also notice that the new website has a better design and gives a better overview of the available information. Improved functionality gives us much more control and flexibility to create and develop a dynamic website that can serve the objectives.

In this newsletter we also present Antonia Svensson, who is engaged as an organiser of administrative tasks and daily communications. She has done a very good job with similar tasks for the ISPS UK, and she will continue with her new



Antonia Svensson

tasks for ISPS even after leaving the UK in August to move to Greece. The ISPS secretariat in Oslo, Norway, will continue to answer mail, keep the accounts and distribute the newsletter. But from now on Antonia will be the person in ISPS that you contact by email about whatever questions or ideas you may have regarding ISPS.

These opportunities for communication represent a challenge to us all. We may perhaps easily fill many pages and screens with information and reports on local activities. But we also hope that the pages and screens will be used for communicating and discussing important questions, dilemmas and challenges in meeting the needs of the person with psychosis and his/her family, - and helping us all to see the person more than the problems or the disorder.

The greatest ISPS event this year will of course be the congress in Melbourne in September. There we will meet and communicate person to person, helping each other to increase our awareness and understanding of the experience of psychosis, and to learn more on how we can contribute to a better life for those who experience psychosis. By meeting face to face we will build a stronger network to strengthen psychological treatments for persons with psychosis in the future.

Torleif Ruud
Editor

Objectives of ISPS

- Promote the appropriate use of psychotherapy and psychological treatments for persons with schizophrenias and other psychoses
- Promote the integration of psychological treatments in treatment plans and comprehensive treatment for all persons with schizophrenias and other psychoses
- Promote the appropriate use of psychological understanding and psychotherapeutic approaches in all phases of the disorders including both early in the onset and in longer lasting disorders
- Promote research into individual, family, group psychological therapies, preventive measures and other psychosocial programmes for those with psychotic disorders
- Support treatments that include individual, family, group and network approaches that are derived from psychoanalysis, cognitive-behavioural, systemic and psycho-educational approaches
- Advance education, training and knowledge of mental health professionals in the psychological therapies

ISPS secretariat

The ISPS secretariat is a link between members and the executive committee, updates the website, prints and distributes the newsletter, keeps a database of ISPS members and local networks, and helps the society and the members with information and other services.

The secretariat is hosted by the Centre for Psychotherapy and Psychosocial Rehabilitation of Psychoses (SEPREP), a non-commercial Norwegian foundation and network of users, clinicians and researchers promoting psychological treatment of psychoses. Antonia Svensson in Athens is working part time as ISPS Organiser and does most of the work of the secretariat that can be done by email.

Address to the ISPS secretariat

ISPS c/o SEPREP, Jernbanetorget 4 A,
N-0154 Oslo, Norway

Tel +47 23 10 37 77 / Fax +47 23 10 37 79

E-mail: isps@isps.org Website: www.isps.org

Bank account: 5005 06 56648

Den norske Bank, Oslo, Norway

ISPS honorary life time members

Yrjö Alanen (Finland), Gaetano Benedetti (Switzerland), Murray Jackson (UK), Jarl Jørstad (Norway), Christian Müller (Switzerland) Barbro Sandin (Sweden), Helm Stierlin (Germany), Lyman Wynne (USA)

The ISPS executive committee

Jan Olav Johannessen (Norway), chairman, Johan Cullberg (Sweden), Courtenay Harding (USA), Brian Martindale (UK), Patrick McGorry (Australia), Franz Resch (Germany), Torleif Ruud (Norway), Ann-Louise Silver (USA)

Reorganisation of the ISPS Secretariat

I have recently started working part-time for the ISPS in the role of Organiser. I have been involved with the ISPS for the past 2 and a half years, as the ISPS UK Organiser, where I have worked on the development of the UK network, editing the UK newsletter, working towards registering ISPS UK as a charity, and other things.

I studied Psychology to Master's degree level and worked in research for a couple of years. I am now a practicing dance movement therapist working with children who have witnessed and/or experienced domestic abuse.

I am very pleased to be involved in the exciting and important work of the wider network of ISPS. My tasks now include being editorial secretary for the ISPS newsletter and the ISPS website, maintaining the ISPS membership database, developing a database of information about ISPS local groups, and developing ISPS publicity flyers for increasing membership. Wenche Løyning Vu at the secretariat in Oslo will still receive and sort airmail and faxes, deal with ISPS finances and accounts, and distribute the ISPS newsletter.

I look forward to meeting the board, the chairs of local groups, and all our dedicated ISPS members in person at the Melbourne conference in September. I can be contacted at isps@isps.org

Antonia Svensson, ISPS Organiser



letter from the chairman



Dear members and friends of the ISPS

Our movement is in a period of very positive development, with many new local chapters "growing up" in many parts of the world. As you may know, the board has decided to establish special connections with four psychiatric milieus, one of them being the Russian milieu developing from Stavropol. In June (16th–20th 2003) the ISPS, together with several other Russian and international organisations, co sponsored the 2nd International Summer Conference on Society and Mental Health in Stavropol, with the theme "Modern methods and multidisciplinary technologies in the sphere of mental health".

The aim of the conference was to contribute to the development of a comprehensive approach to the problems of mental health care. The organisation committee, co-chaired by Dr. Igor Bylim of Stavropol, Russia, and Dr. Svein

Haugsgjerd of Oslo, Norway, had put together an impressive and very comprehensive programme around different aspects of psychologically founded treatment approaches, diagnostics, training and supervision. If your local chapter would like to establish a similar cooperation with the ISPS, please come forward with a suggestion, which the board would be happy to consider.

Our special issue of the Journal of the American Academy of Psychoanalysis is now ready for distribution; those of you who would be interested in receiving a copy can contact the secretariat in Oslo. Some copies will also be distributed at the Melbourne conference. We would like all of you to give copies to decision makers who need to know more about the scientific basis for the psychological treatments available for the treatment of psychosis. We are also happy to hear that the negative recommendations in the PORT-report, will be taken out in the next revision.

At the Melbourne meeting some of the board members will retire from the board, and we will have some new members with us on the board. On behalf

of the board I wish to thank our members around the world for their great work in preserving and building the humanistic treatment traditions for serious psychiatric disorders, such as schizophrenia. And I will express my deep gratitude to those board members now leaving the board for their sincere work for our organisation. It is also a pleasure to welcome Antonia Svensson as a new force in our organisation; she is situated in London, and will work part-time together with our secretariat in Oslo, to develop our organisation and serve our members and local chapters. She will have a special focus on organisational developments, developing membership databases etc.

Our next big, tri-annual conference, will be in Madrid in June 2006. I am happy to inform you all that the planning is well underway, and that Dr Manuel Chavez and his staff are already working on the details of that conference. So, start preparing your abstracts.....

Best wishes
Jan Olav Johannessen
Chair

Forming an ISPS network in Slovenia

There has been a long tradition of psychotherapeutic work with psychotic patients in Slovenia. The present Ljubljana University Psychiatric Hospital – Polje, illustrated in the photograph – was founded in 1881. This was before the development of formal psychotherapeutic methods. Even at this early stage 77 patients were treated by two doctors helped by sisters, nuns, using humane and traditional methods. Patients were treated not only medically but also sociotherapeutically with occupational therapy and with the family integrated into the therapeutic process.

Gradually more formal clinical methods including psychotherapy began. Over the last ten years a lot has been done with the integration of psychotic patients into society in rehabilitation work that begins with ward-based psychotherapy that may include psycho-education, individual, family and group psychotherapy. Many other different psychotherapeutic and sociotherapeutic approaches are used. There is an increasing need for communication with colleagues about the psychological treatments of psychosis, its supervision and evaluation.



Marjeta Blinc

Reconciliation reform and recovery: Creating a future for psychological interventions in psychosis

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Please fax your intention to register to attend The 14th International Symposium for the Psychological Treatment of Schizophrenia and other Psychoses

facsimile: +61 3 9521 8889

yes, i wish to register to attend the conference

PROF/DR/MR/MRS/MISS/MS Family name: _____

Given name/s: _____

Address: _____

City/suburb: _____

Country: _____ Postcode: _____

Telephone: _____ fax: _____

email: _____

I would like to receive the full registration form yes no

Pre-symposium Workshops 22 September 2003

1. *Treatment of Substance Use Disorders and Psychosis*

Professor David Kavanagh,
Dr Amanda Baker and Kathryn Elkins

2. *Cognitive Behavioural Therapy in Psychosis*

Professor Richard Bentall invited

3. *Psychoanalytic Approaches for Psychosis*

Dr Jeremy Holmes invited

4. *Family Intervention in Psychosis*

Mr John Farhall and Dr Grainne Fadded

5. *Relapse Prevention in Psychosis*

Dr John Gleeson and
Dr Jo Smith



FURTHER INFORMATION: Contact Marg Scarlett,
ISPS Secretariat, Conference Strategy Pty Ltd, PO Box 1127, Sandringham Vic,
3191 Australia. Telephone: +61 3 9521 8881 / Facsimile: +61 3 9521 8889

Email: isps@conferencestrategy.com.au **Website:** <http://www.conferencestrategy.com.au>

David B Feinsilver Award

David B. Feinsilver, M.D, long-time staff member at Chestnut Lodge Hospital (U.S) and a former president of ISPS, established a fund before he died, which would grant a scholarship to fund travel expenses to ISPS conferences, for the best research or clinical paper on the psychotherapeutic treatment of the severely disturbed. Applications were from those who would not otherwise be able to fund their own transportation and accommodation costs to the conference.

The Award Committee is pleased to announce that the winner of the David B. Feinsilver award for the forthcoming conference in Melbourne, September 2003 is **Ishita Sanyal**, a psychologist and the Founder Secretary of Turning Point, a rehabilitation centre for chronically mentally ill people in Kolkata, India. The paper she will present is titled "*Family Movement – A New Road in the Treatment and Recovery in Psychosis.*"



ISPS in Europe

Dear Readers,

In the last ISPS Newsletter, I outlined the current status of ISPS Local Networks in Europe and I hope that this will become a regular item and a source of encouragement. There have been a number of further promising developments in recent months and the map of interested persons and groups involved in developing ISPS networks in Europe is certainly expanding.

Here are the recent highlights to add to the comprehensive report of the last newsletter. My apologies if I have overlooked any one or any group. Please do not hesitate to send accounts of activities of networks to the Newsletter yourselves, as well as accounts of meetings or other developments that you would like others to hear about that relate to ISPS objectives.

We will have a significant slot during the Melbourne conference to meet, discuss, encourage and learn from one another – see you there.

Brian Martindale
ISPS network facilitator in Europe
drbmartindale@blueyonder.co.uk

Spain

The selection of Madrid as the place of the ISPS 2006 International Conference is a wonderful opportunity for ISPS and the host country. The ISPS Board have been very impressed with the forward planning of Dr. Manuel Gonzales de Chavez and his colleagues. Jan Olav Johannessen and I have already been to see some of the facilities in Madrid. Manuel has been organising an annual ISPS like event in Madrid, which regularly attracts several hundred participants. Last November Luc Ciompi and Courtenay Harding were invited guest participants, and in November this year, Yrjö Alanen, Johan Cullberg, Shalon Litman and Jorge Garcia Badaracco will be visiting (www.cursorquizofreniamadrid.com). We are confident that the ISPS family will grow fast in conjunction with the 2006 congress if not before. We anticipate that the Madrid event will be very popular and will also introduce South Americans to ISPS.

Contact: mgchavez@teleline.es

Italy is launching ISPS Italy in July 03 (10th–12th) during the Volcanic Mind conference in Catania, Sicily. Professor Tullio Scrimali has shown considerable initiative and enthusiasm for this exciting development and 20,000 advance brochures are being distributed. Watch this space for news next time. The conference will also have a very interesting social program: Welcome Party with dancing, Farewell Dinner, Visit to Catania, a trip to Etna and a day cruise to Syracuse. Guest Speakers will include David Kingdon, Jan Olav Johannessen and Brian Martindale.

For more details visit www.issco.net
ISPS Italy contact: scrima@tin.it



Madrid
 15TH ISPS
 INTERNATIONAL SYMPOSIUM
 MADRID - SPAIN
 JUNE 2006
 GLOBAL VIEWS &
 INTEGRATED THERAPIES

Chairman of the Organizing Committee
 Dr. Manuel González de Chávez
 Chief of Psychiatric Service
 General University Hospital "Gregorio Marañón"
 c/ Ibiza nº 43. 28009 MADRID - SPAIN
 Phone +34.91.5868132 - Fax +34.91.426.51.10
 E-mail: manuel.dechavez@madrid.org

Technical Secretary
 Viajes Iberia Congresos
 c/ San Bernardo nº 20.6º. 28015 MADRID - SPAIN
 Phone +34.91.5319449 Fax +34.91.2963732
congresos.madrid@viajesiberia.com

Croatia, Slovenia and Serbia

have long had a tradition of interest in the psychological treatments of psychosis. On May the 7th 2003 the School of Psychosis was held in the beautiful, historical city of Dubrovnik organised by the Croatian Medical Association and the Croatian Association of Clinical Psychiatry Section for Psychosocial Treatment of Psychoses which is now also known as the Croatian ISPS. A separate brief report can be found in this newsletter and I can vouch for the high standard of group, individual and family therapy being offered which has a long psychodynamic tradition. The late Dr David Feinsilver, ISPS Chair

and of Chestnut Lodge was a past guest participant. Professor Ivan Urlic and Dr Sladana Ivezić are the driving forces behind the current successes.

ISPS Croatia contacts:

Sladana.Ivezic@bolnica-vrapce.hr and
ivan.urlic@st.tel.hr

Netherlands- Flanders

ISPS Jan Leijten writes: "We had a nice and interesting day in Kortenberg near Brussels with Johan Cullberg and around 150 participants. Most of them came from Belgium. I personally am satisfied." A report by Nadine Pauwels can be found in this newsletter.

Contact: leijten.j@wolmail.nl

ISPS United Kingdom

will have held two separate day conferences on inpatient wards in December 2002 and June 2003 by the time of publication. The first was in Nottingham and the second in London. Full accounts of these successful conferences can be found in the regular ISPS UK Newsletter (see ISPS website). An important feature of these conferences has been the increasing participation by nurses, users and carers who keenly feel the need to recover wards as more therapeutic places. We have started to plan a residential conference for next year (Probably September 2004) on **Ways of listening**.

Our email discussion group continues to be lively and we are about to conduct a membership drive. We have had elections and a new committee covering the range of modalities is settling down to work. **ISPS UK Contact:**
drbmartindale@blueyonder.co.uk

Russia

I am in contact with three groups in Russia and the creative exchange between Norway and Stavropol has resulted in another summer school that will be taking place in the coming weeks and in which a number of prominent Norwegian ISPS members will participate.

CURRENT ISPS NETWORK contacts in Europe (networks either active or under discussion)

BULGARIA

Maja Mladenova
bihr@inet.bg

CROATIA

Ivan Urlic
ivan.urlic@st.tel.hr

Sladana Ivecic
Sladana.Ivezic@bolnica-vrapce.hr

CZECH

David Holub
david.holub@quick.cz

DENMARK

Bent Rosenbaum
bent.rosenbaum@dadline.dk

Susan Harder
harder@e-box.dk;

ESTONIA

Harri Kyynarpuu
Harri.Kyynarpuu@mail.ee

FINLAND

Jakko Seikkula
seikkula@psyka.jyu.fi

Klaus Lehtinen
Klaus.Lehtinen@uta.fi

FRANCE

Pierre Delion
pierre.delion@wanadoo.fr

GERMANY

Franz Resch
Franz_Resch@med.uni-heidelberg.de

ITALY

Tullio Scrimali
tscrima@tin.it;

LITHUANIA

Arunas Germanavicius
arunas.germanavicius@vrc.vu.lt

NETHERLANDS-FLANDERS

Jan Leijten
leijten.j@wolmail.nl

NORWAY

Torleif Ruud
torleif@online.no

POLAND

Slawomir Murawiec
murawiec@ipin.edu.pl

Irena Namys_owska
namyslow@ipin.edu.pl

Krzysztof Walczewski
kwalcz@wp.pl;

RUSSIA

Siberia
Olga, Vladimir
shi@sibmail.ru

St Petersburg

Dr. Reshetnikov
rector@oedipus.rurg

Stavropol

Alexey Koryoukin
sviatky@narod.ru

SLOVENIA

Marjeta Blinc Pesek
marjeta.blinc@psih-klinika.si

SPAIN

Jorge Tizon
jtizon.pbcn@ics.scs.es

Dr. Manuel Gonzales de Chavez
MGCHAVEZ@teleline.es

SWEDEN

Sonja Levander
sonja.levander@smd.sll.se

UKRAINE

Alexander Mironenko
fitz_uuap@mail.lviv.ua

UNITED KINGDOM

Brian Martindale
drbmartindale@blueyonder.co.uk



Seminar in Stavropol, Russia - Psycho-educative multifamily work

Stavanger Hospital trust, Division of Psychiatry has established contact with Stavropol Regional Clinical Mental Hospital in Russia.

During the Schizophrenia Days in Stavanger, Norway, in November 2002, a seminar on psycho-educative multifamily work in Stavropol, based on William McFarlane's model, was planned. At the same time the cornerstone was laid of what was to become Propsy – a psychiatric information foundation, similar to the one in Stavanger (Stiftelsen Psykiatrisk Opplysning).

ПРОПСИ
(Propsy)

In March 2003, two colleagues from Division of psychiatry, a psychiatrist and a psychiatric nurse, went to Stavropol to teach psycho-educative multifamily work. 54 doctors and psychologists signed up for the seminar, which was held at Stavropol Regional Clinical Mental Hospital.

The first two days of the visit were

spent lecturing. A translated version of the book "Family work with psychosis" was handed out to all the participants, and the transparencies had also been translated into Russian to make it easier for the participants to follow the lectures.

Lectures on expressed emotion, stress-/vulnerability model, geneograms, how to carry out introductory conversations with the families, how to teach the families about psychosis, crisis, and a thorough introduction to the multifamily model were also given.

The three following days were spent on practical implementation. Through repeated role-plays the participants were able to try being group leaders, under instructions from the Norwegian seminar leaders.

During the role-plays it became clear that Russian "families" experience similar problems to Norwegian families, as the Russian culture is not very different to the Norwegian. Maybe the biggest difference was the tradition of many generations within families living together.

The participants were eager, and common problems and good solutions were shared. Experiences with the evaluation instruments and different kinds of registration forms were exchanged, and the Russians were encouraged from the start to make conditions favourable for prospective research.

On the last day, the programme was summarised, and the participants had to complete an exam. They were each given a group leader diploma during a closing ceremony.

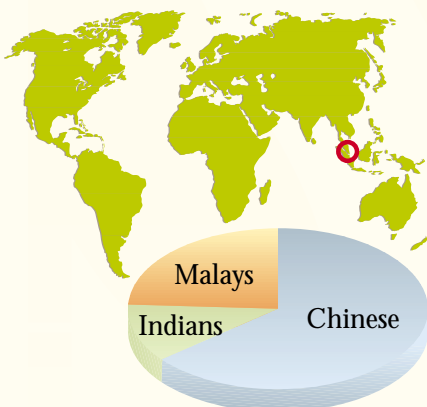
During the stay there was also time to visit the offices of Propsy (Psychiatric Information) where Vlad Babayants is the manager and Alexey Koryoukin is chair of the board.



The Management of Psychoses in a South-East Asian Country

The local ISPS Chapter in Singapore

The Early Psychosis Intervention Programme (EPIP), a nationwide programme established in April 2001 under the auspices of the Ministry of Health, Singapore, was the platform from which the local chapter of ISPS was launched in early 2003. EPIP adopts a case management approach that looks into the overall needs of individuals and their families. Other than medication, psychological interventions play a significant role in the management of patients with psychoses and schizophrenia. Some of the interventions utilized include psycho-education for patients and their families, psycho-therapy, day programmes within our own "Club EPIP" (a recreational, club-like setting for rehabilitation, vocational, and leisure activities), family support groups, and outreach teams which provide Assertive Community Treatment. It is a comprehensive and integrated treatment programme involving a multidisciplinary team of psychiatrists, psychologists, nurses, social workers, and occupational therapists. It focuses on early detection of psychosis, and subsequent vigorous interventions.



Here in Singapore, an island state in South-East Asia with a population of 3.4 million comprising three main ethnic groups, the largest being the Chinese (77%), the Malays (14%)

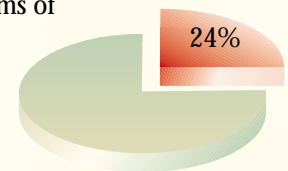


and the Indians (9%), the various attitudes and beliefs of this multi-racial and multi-religious Asian society play an important role in influencing the psychological approaches used in the treatment of our patients. Chinese temple mediums, Malay shamans and traditional medicine men, Hindu and Christian priests are often consulted by patients in attempts to "cure" their psychotic symptoms. Hence, professional caregivers need to have a comprehensive understanding and knowledge of these cultural and religious beliefs of the different ethnic groups. This diversity of beliefs and values provides an interesting challenge in managing our multi-ethnic patient population. A culturally-oriented psychotherapy "package" named PASTE (Personal And Strategic coping Therapy for Early psychosis) has been developed specifically as a psychotherapeutic intervention for the multi-ethnic patients in Singapore. It takes into account individual patients' personal and cultural beliefs about the causes of their psychotic symptoms; this contributes to the development of a stronger therapeutic alliance. The psychoeducation provided has also been given a culturally-relevant slant.

Besides the identification and management of patients diagnosed with first episode psychosis, the screening of those at high risk of developing the illness and the provision of evidence-based treatment, one of the main aims of EPIP is to provide extensive education of the

early symptoms of psychosis among the general public, general practitioners and other health care professionals. Outreach has also been initiated to traditional & religious healers.

EPIP has involved counselors from the various tertiary educational institutions, government bodies (such as the Singapore Armed Forces, Singapore Civil Defence Force, the Singapore Police Force) and non-government associations (such as Family Service Centres, the Singapore Anglican Welfare Council, the Singapore Association of Mental Health and the Singapore Children's Society.) Lectures and workshops have been conducted on the management of psychosis to educate these healthcare professionals, who often are the first point of contact for young people with mental illness. But there is much work to be done to breakdown the barriers of stigma associated with mental illness. One interesting aspect of "the Singapore experience" is the results of one of our recent studies of a Singaporean patient population which showed that 24% of the sample of patients surveyed went to a traditional healer first when they experienced the symptoms of psychosis.



A large sub-set of traditional healers are the Traditional Chinese Medicine Practitioners, which number about 2,000 in Singapore. Several dialogue sessions have been held with the Singapore Chinese Physicians' Association to help raise awareness of the importance of early intervention and treatment.

Research and training are the mainstays of an innovative and dynamic programme. Over the past year, EPIP

has been committed to numerous research projects to further improve the services offered. Staff training, including consultations with a number of visiting experts from established overseas programmes, and visits by team members to international programmes has ensured EPIP remains innovative and current. The Singapore chapter of ISPS also hopes to research more intensively into the local psychological treatment approaches.

EPIP has passed the milestone of publishing its first book this year: *Delusions, Possession or Imagination? Experiencing and Recovering from Psychosis*. The book provides a resource for those diagnosed with psychosis, their families, caregivers and friends as it offers practical advice and information, personal accounts and an insight into the "Singapore experience" of psychosis. It is the first book of this type to be published in Singapore.



Since its inception two years ago, EPIP has developed to be an integral part of Singapore's national health system. EPIP makes a positive impact in the recognition, assessment, treatment and management of people with psychosis and their families in Singapore. But perhaps its greatest contribution is that, for Singaporeans diagnosed with psychosis, EPIP now provides hope. We have made a bid to host the 2006 IEPA Conference here in Singapore. The local ISPS chapter hopes to contribute to the Conference with its research findings on the psychological treatment of Asian patients with the schizophrenias and other psychoses.

In Memory of Michael B. Conran

Dr. Michael B. Conran, from London, a devoted member of the ISPS, died on 19th December 2001 at the age of 77 years from a rapidly developing cancer.

I first met Michael in 1969 when I visited the Villa 21 at Shenley Hospital where, as a psychiatric registrar, he was responsible for the treatment of some 20 young male schizophrenics. Michael was at the beginning of his personal analysis, and Dr. S. T. Hayward, a psychoanalyst, was his hospital consultant. This period in Michael's life lasted for 8 years, and even if he later became engaged in other psychoanalytic and psychotherapeutic activities, he has often referred to this time as the most privileged of his working life.

Being age mates and finding much common in our views and activities, we instantly became close friends. Soon afterwards I had the task of arranging the IVth ISPS symposium in Turku in 1971, and with a restricted number of participants. I invited Michael – as well as Dr. Hayward – to Finland. Since that time, he was a regular participant in our ISPS international symposia.

He had also a crucial interest in the work of nurses and emphasized the function of the hospital as a nursing institution. From the beginning, I was struck by his exceptional sensitivity to experience and ability to analyse the transference-countertransference processes prevalent in all these inter-relationships (patients – mothers – nurses – himself). Some of his papers are published in the books of proceedings of ISPS symposia. The best path to become acquainted with Michael Conran's vivid and empathic case histories as well as with his thoughts is certainly his last paper, the chapter "Sorrow, vulnerability and madness". This can be found in the excellent little book *Psychosis (madness)*, edited by Paul Williams and published in 1999 by the Institute of Psychoanalysis in London.

As a person, Michael Conran was warm and kind, with an excellent sense of humor and an inner capacity to sometimes rejoice in life like a happy child. I will end with a couple of anecdotal memories. While visiting Finland, Michael told my wife and I how he had made a long train trip over several days through the Soviet Union to Vladivostok. The compartment windows were dirty and the views through them were therefore not good. So during a longer stop at a station, he joined the cleaning women and took some of their equipment and began to wash the windows. He was apparently able to form a good relationship even with these ladies who did not get angry with him but, far from it. In fact at the end of the journey, they gave to him "a medal for his cleaning work".



Yrjö O. Alanen
Professor Emeritus in
Psychiatry
University of Turku, Finland

One year ISPS-network the Netherlands-Flanders

In March 2003 we celebrated the first anniversary of our local ISPS-network for the Dutch-speaking part of the Low Lands.

In the first five years since the founding of the ISPS in 1997 in London, in total 25 psychiatrists and psychologists in our countries have visited one or more of the informal meetings of the Platform for Psychotherapy for Psychosis. The aim of the Platform was also to see whether organised activities in our countries would be possible with a link to the ISPS. In this way a smaller, stable group of participants has developed. After the 2000 ISPS Symposium in Stavanger that group has decided to found an official local ISPS-Network as a society according to the Dutch law. The network has about thirty members and a board consisting of Ludi van Bouwel, Dirk de Wachter and Dion van Werde from Belgium and Margreet de Pater, Jos de Kroon and the writer from the Netherlands. Five of them are psychiatrists, one is a psychologist.

During this year most of the efforts of the board have been directed to the organisation of a little apparatus for our network, and to keeping contact with our members via our own newsletter and with the ISPS. We also participated in the

meeting of representatives of the European local groups at the IEPA-conference in Copenhagen, which was a very stimulating experience.

But above all, we held our 2nd ISPS-Network Conference in April in Kortenberg, Belgium. The first ISPS-Network-Conference in 2002 in Eindhoven had been a success with a varied program and 100 visitors. For the second one former ISPS-president prof. Johan Cullberg was invited to speak about the Parachute Project. Besides him two Belgian and two Dutch psychotherapists gave lectures. With 150 participants from the Benelux it was well attended.

Our approximation in getting low lands professionals acquainted with the range of ideas of the ISPS has been until now to present a varied view of treatments: ambulatory and residential, for acute as well as for chronic patients, and of all of the different schools of psychotherapy. The aim of it is to show the treatments, that are used in the Low Lands, as well as the ones who have developed them. In this year we have made a beginning with the presentation of interesting foreign speakers and projects, which we hope we can continue in the forthcoming years.

It was very interesting to hear Prof. Cullberg speak about his long experience with people with psychosis and to hear the results of his extensive research project.

As to be expected, collisions arose regularly, which is used as a starting point for further discussion, because every psychological method has merits of its own and because we can learn from listening to each others experiences with it.

An evaluation of the opinion of the participants of the Conference was conducted, and the outcome of it supports our impression, that this design has met our intention. Another outcome was, that there seems to be a need for a more searching and more practical approximation of psychological treatments for psychosis, for example by workshops.

Maybe that will be the starting point for the third ISPS-Network Conference in the Low Lands, to be held in the Netherlands. In doing so we hope that we can build a growing and interested community of professionals who have the need for nourishment and stimulation for their every-day practical work with people with psychosis.

Jan Leijten, chairman of the ISPS-Network the Netherlands-Flanders.

Report from the ISPS-Stavropol

Dear friends from ISPS

We are happy to send you our regards from Stavropol, Russia, where a local of ISPS-group has been formed recently. The formation of our group was, in many respects, possible due to the support of our Norwegian colleagues in Oslo and Stavanger. This support has helped us in establishing and developing our local group which, at present, has 27 persons. It includes psychiatrists, psychotherapists, psychologists and students. Staff members of the Stavropol Regional Clinical Mental Hospital form the main part of the group and Igor Anatolievich Bylim, the Head Physician of the hospital, was elected the group leader. Many of our group members form part of governing bodies of various other professional non-profit organizations (Association of Psychiatrists, Psychoanalytical Association, etc.). This enables us to cooperate actively with these organizations and to integrate our efforts aimed at achieving the goals set by ISPS.

The goals and objectives put by ISPS has proven very

urgent in our situation. The formation of our group has given an impetus to the development of psychological aid provided to our patients, those with psychotic disorders among them. Earlier this kind of work was done due to efforts of individual enthusiasts, but nowadays in our hospital there is a gradual transition from a purely medical-aid pattern to a bio-psychosocial approach, where medical, psychotherapeutic and socio-therapeutic treatment actions are equally present.

We believe our group will contribute to drawing the attention of our society and the authorities of our country to the problems of psychotherapy in general, and to those of psychotherapy of psychoses in particular. We are grateful for the support provided by ISPS and the hospital in Stavanger, and we hope for further cooperation with other local groups.

Igor Anatolievich Bylim, chairman of the Stavropol Society of Psychotherapy of Psychoses

(The text has been shortened by the editor due to lack of space)

A Report on ISPS-US

ISPS-US continues to grow. Our core group has been together for over four years, exchanging frequent e-mails, getting together at actual meetings, supporting each other and strategizing. Our listserv, moderated by Joel Kanter, has over 70 members. Its activity level varies between high and overwhelming. The intellectual content and the fervor of these postings are holding us together, even though we often groan on seeing the long list of red flags to be dealt with. The discussions remind me of the now-past Wednesday conferences at Chestnut Lodge, where we often felt we could predict what each person would say, but were repeatedly surprised by our inaccuracies. The executive committee (a group of about 20) now holds monthly conference calls on the first Sunday of the month. This month, we will submit our application for non-profit status with the federal government. Once we acquire this official status, we can apply for grants, accept donations, and become a more public presence. Julie Wolter is heading our membership recruitment committee, and we are starting to see results as people from around the country are finding their way to us. Under the leadership of William Gottdiener, our research committee is formulating its first project. I am hoping to see it published someday in *Schizophrenia Bulletin*.

We are especially proud of the recent issue of the *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, Vol. 31, Number 1, Spring 2003, "***The schizophrenic person and the benefits of the psychotherapies – Seeking a PORT in the storm.***" Essentially all of its articles are written by ISPS members. The issue could form the basis for an excellent seminar on aspects of current psychotherapeutic approaches to psychosis.

The issue was co-edited by me and T.K. Larsen of Norway, who chairs the ISPS Task Force on the PORT Report. His task force's articles form a large section of this blockbuster issue. ISPS-US members who contributed articles include David Garfield, William Gottdiener, Brian Koehler, Bert Karon, Colin Ross, and Wilfried Ver Eecke. Copies can be obtained from me or through ISPS headquarters. We are awaiting publication of the revised PORT Report, co-authored by Anthony Lehman and Donald Steinwachs, hoping for deletion of Recommendations 22 and 26, which, while admitting to no supporting scientific evidence, recommended against psychodynamic individual or family therapy in schizophrenia even in combination with medications. If indeed these recommendations are deleted, we will aim over the next few years at convincing Lehman and Steinwachs that we have sufficient evidence to warrant a positive recommendation for individual and family therapies. We will advocate for an individual mental health worker for each patient with schizophrenia, and for a supporting system for all such workers.

Among our US branches, New York City's branch is clearly the strongest. Headed by Brian Koehler, who also edits the ISPS-US Newsletter, the branch meets monthly, hosting interesting and challenging speakers. The New York group also hosted our fourth annual meeting, at the William Alanson White Institute. Our keynote speaker, Robert Whitaker, author of *Mad in America: Bad Science, Bad Medicine, and the Enduring Mistreatment of the Mentally Ill* galvanized the meeting. At our business meeting, held during that New York meeting, we adopted articles of incorporation, and a constitution.

Ann-Louise S. Silver, M.D., president.



Chicago branch, now in its second year, has hosted a brilliant conference, and holds periodic local meetings. The Washington branch, with the Washington School of Psychiatry, hosted the

Frieda Fromm-Reichmann Lecture, at which ISPS-UK member Siobhan O'Connor, MD spoke on "*Violence in Schizophrenia.*" The Philadelphia branch launched this year and has met a few times. Its leaders, Harold Stern and Victoria Conn, are taking on the task of chairing the fifth annual ISPS-US meeting, which will be held November 8 and 9 at the Thomas Jefferson Medical University.

We are issuing the following call for papers for this meeting, on the theme "*The Mind behind the Brain*". In our current era, we hear and read forcefully repeated pronouncements on advances in psychopharmacology. We experience funding for direct patient care slipping away, as hospitals and community programs continue to shrink or close. Some people even claim that psychotherapy is dangerous for those struggling with psychotic illness. ISPS-US is working for more balanced and humane approaches, promoting secure attachments.



When one's back is to the wall, it is good to have someone there at your side. Mental illness refers to a disorder of mind, chaos in thinking and feeling, loss of trust in self and in others. We sort things out by talking, and it is good to talk with someone who can remember what was learned months earlier. We invite submissions of 30-minute papers for our fifth annual meeting. Clinical reports, theoretical papers from the wide variety of orientations, public policy papers, historical studies, and personal accounts are welcomed. Please send an abstract (100–200 words) along with your proposed title, and an objectives statement to:

Harold R. Stern, Ph.D., 354 Winding Way Merion, PA 19066 hstern@mail2.gis.net

For those interested in joining ISPS-US, contact our treasurer, Barbara Cristy, LCSW-C, (address below). Dues are just \$40 per year for mental health professionals and \$20 per year for all others. If you live in a city that has an existing ISPS-US branch, feel free to contact the branch's leader, listed below. Otherwise, contact me, by phone or e-mail. We have heard from someone interested in launching a branch in New Orleans, and we would love to see branches throughout the U.S.

Heads of Local Branches:

Chicago: David Garfield, MD
dasg@aol.com (847-578-8705)

New York City: Brian Koehler, PhD
Brian_koehler@psychoanalysis.net
(212-533-5687)

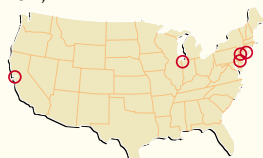
Philadelphia: Harold Stern, PhD
hstern@mail2.gis.net (610-949-9339)

San Francisco: Sue von Baeyer, Ph.D.
siouxvb@home.com (510-849-4403)

Baltimore/Washington:
Ann-Louise Silver, M.D.
asilver@psychoanalysis.net (410-997-1751)

Treasurer:

Barbara Cristy, LCSW-C
barbaracristy@earthlink.net
1015 Spring Street, #201,
Silver Spring,
MD 20910
(301-565-0021)



Report from the ISPS-Sweden

October 11–12 2002, the ISPS-Sweden was established in Stockholm as a local group of the international ISPS. A chairperson, psychologist Sonja Levander, was elected. Around 50 professionals took part in the meeting. Four central topics for the society were defined:

1. To work for the use of psychological and psychotherapeutic treatment methods for psychotic patients.
2. To work for the development of psychotherapeutic methods representing different theoretical frames of reference: psychoanalytic, cognitive, systemic and psycho-education
3. To support training, and supervision of staff working with psychotic patients
4. To support and contribute to research in the area

During the meeting the preliminary version of the Swedish National Guidelines for Schizophrenia treatment was summarised by Johan Cullberg, and discussed among the participants. A working group was suggested for a critical review regarding the psychological aspects of the guidelines.

Representatives from three first episode psychosis teams presented and discussed organizational difficulties experienced in their work. Special attention was paid to the necessity of close co-operation with units like the mobile emergency team, the emergency ward, and the hospital wards that initially or in later phases might be responsible for the treatment. Also difficulties spreading information in the organisation about the work done with first time psychotic patients were discussed. Often patients are treated in other parts of the organisation even if they have received a diagnosis of psychosis.

Barbro Sandin presented a long-term follow-up of a psychotherapeutically treated man with schizophrenia and gave a lot of examples of interventions – in many cases quite unorthodox – that she had made. The discussion afterwards focused on what aspects of a long treatment can be described as therapeutic.

Sonja Levander, finally, presented her report on psychotic patients' subjective experience of their problems and the importance of including this information when making initial assessments. Also in respect to working alliance and to certain recovery aspects, the awareness of the subjective dimension seems to be of importance. Efforts should be made to support the patient's formulation of his/her problems.

The general feeling at the meeting was one of hope and satisfaction that the association has been formed and thereby new possibilities for improving the treatment facilities in Sweden.

Next meeting will be held in Stockholm March 28–29, 2003.

Johan Cullberg
Stockholm, December 2002

Report from the Kortenbergh meeting

In 2002 the ISPS-Network Netherlands-Flanders (Belgium) was founded, as a subdivision of ISPS worldwide organization.



This year its annual meeting took place on April 25th 2003 at the University Centre St. Joseph-Kortenbergh (Belgium); the day was introduced by Prof. Dr. J. Peuskens. The title of the conference: **“Soft landing ... tailored care of psychosis”** refers to the Parachute Project of Prof. Dr. Johan Cullberg, an initiative in Sweden that aims at optimizing recovery and lowering relapse frequency, based on intensive research production, which was presented to us that day.

As an introduction to his project, Prof. Cullberg gave a detailed overview of the different stages and subjective experiences in a first episode psychosis, which is regarded as an intense crisis reaction in a psycho-biologically vulnerable person. Later on a review was given of the different dimensions of vulnerability to schizophrenia, a recount was made of the various specific and non-specific stressors, and possible counterproductive ingredients of “care as usual” were highlighted. Later in the day, Prof. Cullberg presented the Parachute Project, including 175 patients from 17 psychiatric clinics in Sweden, and its quite impressive results after a 3–5 year follow-up. Due to their active reaching-out policy there is no waiting time for the patient and his/her family, which is also involved as soon as possible. In-patient care is provided in small low-staffed crisis homes, initially based on the patient’s own formulations of his/her actual problems. The same team is easily

accessible over a long period of time and aims, among other things, at the lowest optimal anti-psychotic medication. This setup resulted in short hospitalisation durations, low cost on behalf of the patient, good symptomatic recovery and high subjective satisfaction. Based on my own clinical experience, I strongly subscribe to the idea of the importance of continuity of care, based on the needs of the patient and his/her family, and organized as early as possible.

During the remainder of the day, after a brief review of one year of work by Dr. Jan Leijten for the ISPS-Network, various speakers presented their work, hereby referring to the parachute project. Dr. Ludi Van Bouwel, a Belgian psychiatrist and psychoanalyst, introduced a residential psychotherapeutic program for young psychotics, in which medication, a psychoanalytic approach and family therapy are integrated and administered, according to each patient’s individual needs. In this approach delusions and hallucinations are considered as being fragmented residues of a painful psychological reality which hasn’t been integrated by the patient (cracks in the mental skin). In the therapeutic process the caregivers try to meet the patient in his/her pain, pain that needs to be made bearable and significant (containment of projective identification). Preverbal therapies, exploration of the family history and the story of each individual parent are all taken into account in the process of understanding the inner world of the patient. Being in a holding environment, which can also contain “unimaginable storms” (Jackson ‘94) can help the patient to install a mental world in which symbolic thinking is possible again, and chaos makes way for significance.

I, among others, who was still sceptical towards analytic approaches of psychotics, was intrigued and impressed by this lecture, which put this approach in its

well-deserved place in the variety of visions about treatment of psychotics.

Dr. Jack Jenner, a Dutch psychiatrist, clearly wasn’t that optimistic about the analytic approach. In his speech he vehemently advocated the: **“Hallucination focussed Integrative Therapy”** (HIT), a treatment which integrates medication, coping training, psycho-education and rehabilitation for both the patient and his/her family, and cognitive behaviour therapy. The HIT-program is presented as a client-oriented integrative treatment for therapy-resistant psychotic symptoms, aimed at increasing therapy compliance and generalizing the effect in the areas of subjective suffering, objective psychopathology, quality of life and social functioning. Dr. J. Jenner made it clear that he himself is a firm believer of a directive therapy approach, including single family treatment and crisis interventions.

Dion Van Werde, psychologist-psycho-therapist in St. Denijs Westrem, Belgium, explained how a phenomenological-experiential multidisciplinary approach guides him and his team in helping the patient in the process of conscious choice: to be or not to be involved in an assignment. This treatment model is based on the Pre-therapy concept of Dr. G. F. Prouty (Chicago, USA) and aims at restoring and strengthening contact, and the balancing in the area between the two (grey zone). Where as Prof. Cullberg and his team especially focus on organizing therapy which fit in with the needs of the patient, this approach chooses to highlight how a patient is helped to find direction and take initiative in his own way of functioning: the patient masters the problem, where in his past he/she was mastered by the problem. This way of thinking leans closely



towards the relation qualities described by Dr. Rogers (empathy, positive acceptance, genuineness/congruence) and Jendlin's notion of "experiencing".

Professor Dr. Marius Romme emphasized in his lecture the importance of focussing on trauma experienced by psychotic patients, and provided quite some arguments in favour of a link between psychosis and trauma. According to Professor Romme, a lot of different theoretical approaches can be used to work with trauma and psychosis, as long as caregivers don't forget the importance of the use of context analysis (life history, emotions and power relations), the reduction of anxiety, the offering of social safety and the instalment of a relationship between caregiver and patient based on equality, respect and support, thus enabling the restoring of social roles in which compensation is very important to install a new equilibrium.

To conclude, I can safely state that both countries put a lot of effort into helping the psychotic patient to land on his feet into reality, thus avoiding that the chaos of psychosis leads to despair and loss of perspective on behalf of the patient and his environment, which would lead to continuous damage to his/her psychological functioning, relationships and social position.

Although the different speakers represented different approaches, they all agree on the importance of multi-disciplinary integrative therapy, focussing on the needs of the patient and his/her family. The initiative to work together across the borders and across theoretical approaches for the benefit of the patient can only be applauded and supported.

Nadine Pauwels
Clinical psychologist

ISPS Croatia

SCHOOL OF PSYCHOTHERAPY OF PSYCHOSES IN CROATIA

The School of Psychotherapy of Psychoses was held in the Inter-University Center in Dubrovnik, Croatia in May 2003. The Center is the nodal point of the network that includes more than 130 universities around world, and all its manifestations are organized on international participation basis. The language spoken is English. This year it was the seventh School, and the main theme was: *Towards Comprehensive Psychotherapy of Psychoses: Focus on Bipolar Disorder*.

The organizers of the School are assoc. prof. Ivan Urlic and Sladana Ivezić. The lecturers and case presenters were from Croatia, and from UK, USA, and Serbia-Montenegro.

- I Urlic: *Group Supervision of Group Psychotherapy with Psychotic Patients. A Group-Analytic Approach*
- S Ivezić: *Symbiotic transference*
- B Restek Petrovic and N. Oreskovic Krezler: *Patients with Bipolar Disorder in Group Psychotherapy*. Cases were presented by . Sivic, J. Jelcic and D. Britvic.
- S Biocina: *Education of Families and Patients with Bipolar Disorder* (workshop)



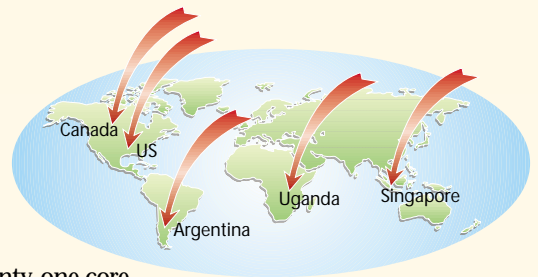
Professor Ivan Urlic and Dr Sladana Ivezić – the organizers and main teachers of the School of Psychotherapy of Psychoses

- B Martindale (UK): *Family Therapy Concept. and: Work and prospects of ISPS*
- M Adjus (UK): *The Use of Card Sort Exercises in the Prevention of Relapse in Serious Mental Illness*
- R Lucas (UK): *Psychoanalytic Approaches to Bipolar Psychoses. and: Managing Depression – Analytic, Antidepressants, or Both*
- C Rosenberg (USA): *Working in the Plural Body: A Theoretical Approach to Family Therapy with a Schizophrenic Patient. and: Process Recording from the Plural Body*
- I Urlic: *The Multicenter Project for Assessment of the Efficiency of Group Psychotherapy in the Treatment of Psychotics* (developed by the study group of the IGA Bologna, Italy, aimed at creation of an international network. The project in its pilot phase)

The Section for Psychotherapy and Psychosocial Treatment of Psychosis (ISPS) of the Croatian Physicians' Association and Association for Clinical Psychiatry held its regular meeting, aiming at fostering training and spreading of the psychodynamic oriented approach to psychotics and their families. (Editor: We are sorry that we are unable to print some of the Croatian names with the right Croatian letters.)

Note from Brian Martindale (UK):

As a visitor and participant, I would like to add a note to emphasise how inspiring this meeting was. It was run in a very amicable workshop style with plenty of time for discussion and digestion, – and in the beautiful setting of Dubrovnik. The breadth of application of psychological therapies discussed for individuals, groups and families was impressive. A very warm welcome to Croatia as an ISPS network



ISPS LOCAL GROUPS OUTSIDE OF EUROPE

ISPS-US

The US local group distributes its own newsletter to its members, has an active e-mail discussion group, and annual meetings, and plans to publish its own journal in the future. There are regular meetings of the New York, Washington, Philadelphia and Chicago branches, with San Francisco, New Haven, Detroit and Boston branches currently being set up. The US local group also has some Canadian members in Quebec City who are being encouraged to launch an ISPS local group.

Contact persons:

Ann-Louise S. Silver,
ISPS-US President
4966 Reedy Brook Lane
Columbia, MD 21044-1514
USA
asilver@psychoanalysis.net

Barbara Cristy,
ISPS-US treasurer
1015 Spring Street #201

Silver Spring
MD 20910 USA
barbaracristy@earthlink.net

ISPS Canada

A local ISPS group has started up in Canada. Janet Landeen (contact details below) is coordinating the group for Mary Seeman, MD in Toronto.

Contact person:

Janet Landeen, RN, PhD
Assistant Professor
School of Nursing, McMaster
University, Hamilton Ontario
Tel 905-525-9140 x22266
Fax 905-570-0667
barbaracristy@earthlink.net

ISPS Singapore

The idea of a local chapter of ISPS in Singapore was conceived following the attendance of the 2002 IEPA Conference held in Copenhagen by several members of the Early Psychosis Intervention Programme (EPIP). In early 2003 the chapter was

formed when twenty-one core members were recruited from a multidisciplinary group of clinicians involved in the care of patients with early psychosis and schizophrenia. Since then the members have met to discuss future activities that the group intends to undertake and these include supervision in the psychological management of schizophrenia and research on a culturally-relevant form of psychotherapy for patients with early psychosis and schizophrenia. The chapter hopes to recruit more interested members within Singapore and from the surrounding countries in South-East Asia, with the goal of establishing an ASEAN network under the auspices of the ISPS.

Contact persons:

Dr Lyn Chua
Dept. of Psychology
Institute of Mental Health
and Woodbridge Hospital
10 Buangkok View,

Singapore 59747
Tel: +65 63892060
lyn_chua@imh.com.sg

Ms Lisa Choo
lisa_choo@imh.com.sg

ISPS Argentina

The ISPS Argentina local group has just recently started being set up, in May 2003. They have 10 members so far, who are aiming to meet regularly and plan the development of their local ISPS group.

Contact person:

Alfredo Eidelstein
eidelstz@arnet.com.ar

ISPS Uganda

Emmanuel Mufumba is interested in starting up a local ISPS group in Uganda.

Contact person:

Emmanuel Mufumba
P.O BOX 1912, Jinja
Uganda
emufumba@yahoo.co.uk

Positive Practice Awards 2003 NIMHE's First Mental Health Awards

We would like to announce that two leading members of the ISPS UK local group have won first joint prize and a runner up award (Highly Commended) for their services in the 'British National Institutes for Mental Health (England) Modernising Mental Health Services' category. Our warmest congratulations to Grainne Fadden and Steffan Davies respectively.

Joint Winner

Meriden, the West Midlands Family Programme, is an ambitious project that took the form of training a core group of clinicians across the seventeen mental health Trusts in the West Midlands in Behavioural Family Therapy, who themselves went on to cascade the training across their own Trusts. The approach has a robust research base to it proving to reduce relapse rates for service users, reducing family care-giving stress and increasing effective communication and problem solving within the family.

Highly Commended

Cedars Community, Nottinghamshire Healthcare NHS Trust, seeks to create a therapeutic environment for patients with 'treatment resistant psychosis' within Rampton, a high security hospital. The provision of activities tailored to patients' needs, in a more spacious and relaxed environment, has led to much greater levels of involvement in occupational, recreational and therapeutic activities by most patients.

More information can be found on the new ISPS website www.isps.org

REQUEST FOR INFORMATION

I am currently in the process of creating a database of information on all local ISPS groups, which includes details about the group's leader, contact details, number of members, activities undertaken so far and plans for the future etc. If your local ISPS group has not been mentioned in this newsletter, or if any of the information that appears is incorrect, please e-mail me at: isps@isps.org

Antonia Svensson,
ISPS Organiser

What is your contribution to the next newsletter



Visit our website: www.isps.org

- Your local ISPS group and its activities ?
- Meetings, congresses or workshops ?
- New approaches in psychological treatments of psychoses ?
- Research that you are involved in ?
- Questions that you would like to discuss ?
- Please send material for the ISPS newsletter and the ISPS website by e-mail to: isps@isps.org

How to become an ISPS member and enjoy membership rights

There are different ways to become a member of ISPS


You may become a member of ISPS as a **member of a local or national ISPS group or network**. Please contact our ISPS secretariat for information on local groups in your area. Members of such groups will receive the ISPS newsletter through their group and have reduced fees on ISPS congresses.

ISPS encourage and support members to form local groups.

You may also join ISPS as an **individual member** using the form to the right. The fee is NOK 250 (approx. £20) per year or NOK 625 (approx. £50) for three years.

As a member you will receive the ISPS newsletter and have reduced fees on international ISPS congresses.



APPLICATION FORM FOR INDIVIDUAL MEMBERSHIP IN ISPS	
Send or fax to ISPS c/o SEPREP, Jernbanetorget 4 A, N-0154 Oslo, Norway	
	
Fax nr. +47 23 10 37 79	
NAME	MEMBERSHIP: <input type="checkbox"/> NEW <input type="checkbox"/> RENEWAL
STREET/ADDRESS	TITLE: <input type="checkbox"/> MR <input type="checkbox"/> DR (MED) <input type="checkbox"/> PROF <input type="checkbox"/> MRS <input type="checkbox"/> DR (PHD)
CITY/TOWN	PROFESSION:
POSTAL CODE	<input type="checkbox"/> MEDICAL DOCTOR <input type="checkbox"/> PSYCHIATRIST
COUNTRY	<input type="checkbox"/> PSYCHOLOGIST <input type="checkbox"/> NURSE
TELEPHONE	<input type="checkbox"/> SOCIAL WORKER <input type="checkbox"/> ARTS THERAPIST
FAX	<input type="checkbox"/> STUDENT IN: <input type="checkbox"/> MEMBER OF USER ORG.: <input type="checkbox"/> OTHER:
E-MAIL	ARE YOU A PSYCHOTHERAPIST IN YOUR COUNTRY? <input type="checkbox"/> YES <input type="checkbox"/> NO
PAYMENT BY CREDIT CARD:	IF YES, PLEASE TICK UP TO THREE ORIENTATIONS:
<input type="checkbox"/> VISA <input type="checkbox"/> AM. EXPRESS	<input type="checkbox"/> PSYCHOANALYTIC <input type="checkbox"/> SYSTEMIC
<input type="checkbox"/> MASTER CARD <input type="checkbox"/> DINERS CLUB	<input type="checkbox"/> COGNITIVE <input type="checkbox"/> GROUP
<input type="checkbox"/> EXP /	<input type="checkbox"/> INTEGRATIVE <input type="checkbox"/> FAMILY
<input type="checkbox"/> PAYMENT BY ENCLOSED CHECK	<input type="checkbox"/> MILIEU <input type="checkbox"/> OTHER:
DATE (D/M/Y):	PLACE OF WORK:
SIGNATURE:	<input type="checkbox"/> PRIVATE PRACTICE ONLY
	<input type="checkbox"/> INSTITUTION/ORGANISATION
	<input type="checkbox"/> RETIRED FROM
	<input type="checkbox"/> OTHER
	MEMBERSHIP FOR
	<input type="checkbox"/> ONE YEAR (NOK 250)
	<input type="checkbox"/> THREE YEARS (NOK 625)